Hepatic Fibrosis and Carcinogenesis in α1-Antitrypsin Deficiency: A Prototype for Chronic Tissue Damage in Gain-of-Function Disorders

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In α1-antitrypsin (AT) deficiency, a point mutation renders a hepatic secretory glycoprotein prone to misfolding and polymerization. The mutant protein accumulates in the endoplasmic reticulum of liver cells and causes hepatic fibrosis and hepatocellular carcinoma by a gain-of-function mechanism. Genetic and/or environmental modifiers determine whether an affected homozygote is susceptible to hepatic fibrosis/carcinoma. Two types of proteostasis mechanisms for such modifiers have been postulated: variation in the function of intracellular degradative mechanisms and/or variation in the signal transduction pathways that are activated to protect the cell from protein mislocalization and/or aggregation. In recent studies we found that carbamazepine, a drug that has been used safely as an anti-convulsant and mood stabilizer, reduces the hepatic load of mutant AT and hepatic fibrosis in a mouse model by enhancing autophagic disposal of this mutant protein. These results provide evidence that pharmacological manipulation of endogenous proteostasis mechanisms is an appealing strategy for chemoprophylaxis in disorders involving gain-of-function mechanisms.

The classical form of α1-antitrypsin (AT) deficiency is a relatively common genetic disease that causes hepatic fibrosis and carcinogenesis by a gain-of-toxic function mechanism. This disorder is the most common genetic liver disease of childhood and a much more frequent cause of liver disease in adults than previously recognized (Perlmutter 2002). From work that has been done since this disorder was discovered in 1963, we now know that this liver disease results from the accumulation of mutant AT inside of liver cells. Ordinarily, wild-type AT is secreted by liver cells into the blood so that it can circulate to body fluids where it carries out its primary function, inhibition of neutrophil elastase and perhaps several other serine proteases released by neutrophils. AT is the archetype of a family of proteins that have been...
called SERPINs because most of the members are serine protease inhibitors and share a relatively distinct mechanism for inactivating proteases (Silverman et al. 2010; Whisstock et al. 2010). In the classical deficiency state, a point mutation leads to alteration in folding early in the secretory pathway and renders the mutant protein, ATZ, prone to polymerization and aggregation. The mutant ATZ is relatively ineffective in traversing the secretory pathway with \( \sim 10\%-15\% \) of newly synthesized molecules reaching the extracellular fluid and the remainder accumulating in the endoplasmic reticulum (ER) of hepatocytes. Chronic hepatic fibrosis/cirrhosis and carcinogenesis is caused by the cellular sequelae from accumulation of the polymerized/aggregated mutant protein in the ER by a gain-of-toxic function mechanism (Perlmutter et al. 2007).

One of the most striking aspects of this disorder is the variation in incidence and severity of the liver disease among homozygotes. A unique unbiased cohort study performed over 40 years after identifying homozygotes from a newborn screening in Sweden has shown that only 8\%-10\% develop severe liver disease (Piitulainen et al. 2005). This means that genetic and/or environmental modifiers determine whether a homozygote is susceptible to, or protected from, liver disease. We have long postulated that these modifiers affect components of the protein homeostasis machinery (Perlmutter 2002).

In this review, we will discuss what is known about the gain-of-toxic function mechanism that is responsible for liver damage in AT deficiency and focus on at least four features that are prototypic of the gain-of-function disorders associated with other aggregation-prone proteins. First, damage occurs in a tissue, which is the site of synthesis of a misfolded, mislocalized, and/or aggregation-prone protein. Second, protein homeostasis pathways, such as the proteasomal pathway, the autophagic and unfolded protein response, are activated in that tissue. Third, regulation and activity of these proteostasis mechanisms are likely sites of action for modifiers that determine variation in the incidence and severity of the clinical phenotype. Fourth, in many of the gain-of-function diseases there is evidence that mitochondrial dysfunction plays a key role in the tissue damage.

Lastly, we will discuss what is known about the other member of the SERPIN family with respect to mutations that lead to tissue damage by gain-of-function. Most of these occur less commonly and have not been as extensively investigated but have contributed to our understanding of gain-of-function mechanisms for human disease.

**AT DEFICIENCY: ROLE OF PROTEIN AGGREGATION IN TISSUE DAMAGE**

The classical form of AT deficiency is characterized by an autosomal codominant pattern of inheritance and affects 1 in 2000 to 3000 live births in most populations. AT is detected in the serum but it is reduced to 10\%-15\% of the normal serum levels. A point mutation leads to substitution of lysine for glutamate at residue 342 and results in abnormal folding of the mutant protein, termed ATZ, in the earliest steps of the secretory pathway. The mutant protein also has an increased tendency to polymerize, forming insoluble aggregates within the rough endoplasmic reticulum and accounting for the histological hallmark of the disease, periodic acid-Schiff-positive, diastase-resistant globules in hepatocytes (reviewed in Perlmutter 2002).

Studies by Lomas et al. showed for the first time that the ATZ protein was prone to polymerization and aggregation (Lomas et al. 1992). A recent study by Yamasaki et al. which elucidated the crystal structure of a stable serpin dimer, has provided the basis for an interesting new model in which a domain swapping mechanism explains the formation of polymers and insoluble aggregates of ATZ (Yamasaki et al. 2008). The model (Fig. 1) predicts that the final step in the folding of the serpin molecule is the incorporation of strand 5\( a \) (s5\( a \)) into the central \( \beta \) sheet A, while leaving the contiguous reactive center loop (RCL) and future s4\( a \) perched upon the top of the molecule where it serves as bait for target peptidases (reviewed in Whisstock et al. 2000; Silverman et al. 2010). Because the
substitution of lysine for glutamate 342 that characterizes the ATZ molecule lies within S5a and because this substitution disrupts the usual intramolecular interactions with lysine 290 on S6a and threonine 203, folding is slowed and yields a more stable intermediate without inclusion of S5a. The exposed S5a and contiguous RCL form a loop that inserts into the α-sheet A gap of a third ATZ molecule, and so on. Finally, domain swapping requires that helix I, which connects S6a to S5a, remains uncoiled. Because this uncoiled domain is ~50% hydrophobic, this region may facilitate lateral associations among linear polymers, and enhance the formation of the tangled aggregates seen in the ER of liver cells in AT deficiency (Yamasaki et al. 2008). A delay in proper folding of the ATZ variant, rather than a complete failure in folding, provides an explanation for how a small number (10%–15%) of these molecules are kinetically capable of reaching a conformation that allows traversal of the secretory pathway.
whereas the majority of mutant ATZ proteins accumulate as polymers and insoluble aggregates within the ER. This domain swapping mechanism also provides an explanation for why polymerized ATZ in the ER does not activate the unfolded protein response, as the structure of the polymer closely resembles relaxed and latent conformations that can be acquired by properly folded serpin monomers.

In most cases, the liver disease associated with AT deficiency is slowly progressing and characterized by fibrosis with low-grade inflammation. The intrahepatic accumulation of ATZ also predisposes to dysplasia, adenomas, and carcinomas (Eriksson et al. 1986). The accumulation of mutant ATZ in the ER accounts for the periodic acid-Schiff-positive, diastase-resistant globules in hepatocytes. Compelling evidence for a gain-of-toxic function mechanism of liver damage comes from the observation that mice transgenic for the mutant human ATZ gene develop liver disease (Dycaico et al. 1988; Carlson et al. 1989). The liver disease that develops in one of the transgenic models, the PiZ mouse, has been more extensively characterized in recent years and recapitulates many of the features of the disease that occurs in humans. In addition to the intrahepatic globules, there is slowly progressing fibrosis, low-grade inflammation and regeneration, mild steatosis, dysplasia, and carcinomatosis. Furthermore, the severity of this pathology varies with the background strain of the mouse (D.H. Perlmutter, unpubl.). These mice have normal levels of endogenous antiproteases and so this liver disease must be attributable to the gain-of-toxic function mechanism.

**AT DEFICIENCY: ROLE OF MITOCHONDRIAL DYSFUNCTION IN LIVER DISEASE**

The molecular basis for liver cell injury in AT deficiency is still largely undefined. Detailed studies of liver pathology in the PiZ mouse model showed significant increases in mitochondrial damage and mitochondrial injury together with caspase-3 activation in situ (Teckman et al. 2004). Mitochondrial depolarization followed induction of ATZ expression in a cell line model. Most importantly, cyclosporine A treatment of PiZ mice reduced mitochondrial damage and mortality after the stress of starvation (Teckman et al. 2004), providing further evidence for the concept that mitochondrial dysfunction is a sequelae of the primary cellular defect in AT deficiency.

BrdU labeling studies in the PiZ mouse model have permitted some observations about hepatocellular proliferation in AT deficiency (Rudnick et al. 2004). The results indicate that there is increased proliferation but almost exclusively in globule-devoid hepatocytes. Consistent with this, most, if not all, of the adenomas and carcinomas that occur in the human disease arise in the globule-devoid cells (reviewed in Rudnick and Perlmutter 2005; Perlmutter 2006). It is not clear how these globule-devoid hepatocytes arise but they are known to have less of the polymerized/aggregated ATZ than globule-containing hepatocytes (An et al. 2005). We have speculated that the globule-devoid hepatocytes are younger and have a selective proliferative advantage when in the presence of globule-containing hepatocytes. The globule-containing cells have more aggregated ATZ and mitochondrial dysfunction, which renders them relatively impaired in cell proliferation. Furthermore, the degree of regenerative activity in the liver is directly proportional to the number of these globule-containing hepatocytes. Thus, we have theorized that the globule-containing hepatocytes are “sick but not dead” and are responsible for regenerative signaling but the globule-devoid hepatocytes are the predominant ones that can respond to these signals. This cross talk presumably perpetuates hepatocellular proliferation in the presence of inflammation, creating a milieu that is prone to carcinogenesis.

**AT DEFICIENCY: DETERMINANTS OF TISSUE-SPECIFIC DAMAGE**

AT deficiency is also known as a cause of prematurely developing chronic obstructive pulmonary disease (COPD)/emphysema. In contrast
to the pathogenesis of liver disease, the mechanism of lung damage has long been thought to involve loss-of-function (Crystal 1990). The elastase-antielastase theory for the pathogenesis of COPD is based on the concept that in the absence of sufficient AT, neutrophil elastase, and perhaps other neutrophil proteases, progressively destroy the connective tissue matrix of the lung. In the classical form of AT deficiency this is because of the reduction in AT levels in the circulating blood as well as in body fluids and tissues such as lung. This is the basis for replacement therapy with purified AT that is administered by intravenous infusion or by inhalation therapy to AT-deficient patients with established COPD.

However, several observations have suggested that gain-of-toxic function mechanisms may contribute to lung injury. For example, ATZ polymers deposited in the lung from the extracellular fluid may attract neutrophil and neutrophilic inflammatory effectors that probably increase the severity of lung damage (Mahadeva et al. 2005). Gain-of-toxic function could also theoretically result from the effects of mutant ATZ expression in bronchoalveolar macrophages and respiratory epithelial cells in the same way it happens in hepatocytes (Hu and Perlmutter 2002). These effects could explain the fact that replacement therapy has had relatively limited clinical efficacy to date.

**AT Deficiency: Variation in Clinical Disease Among Homozygotes Is Because of Genetic and/or Environmental Modifiers**

In the only unbiased clinical epidemiological study of AT deficiency Sveger has shown that only 8% of homozygotes for the classical form of AT deficiency develop clinically significant liver disease over the first three decades of life (Piitulainen et al. 2005). The results of this study have led to the concept that modifiers, either genetic or environmental, predispose a subgroup of homozygotes to liver disease and/or protect the remainder of the population from liver disease. Furthermore, we have theorized that these putative modifiers affect the pathways responsible for disposal of mutant ATZ and/or the protective signaling pathways that are activated by accumulation of ATZ in the ER (Perlmutter et al. 2007). This theory envisions “secondary” alterations that are subtle, in the sense that they are clinically silent when inherited or acquired by a host that has not inherited the mutation of ATZ. The modifiers are likely to be heterogeneous among patients and their families because this would explain the rather remarkable diversity in natural history of liver disease that has been observed. In many ways, this theory is based on the concept that subtle alterations in the protein homeostasis network represent modifiers of cell and tissue damage that is caused by aggregated proteins through gain-of-toxic function (Fig. 2). One study has provided substantiation for this theory by showing a delay in intracellular disposal of ATZ after gene transfer into cell lines from homozygotes with known liver disease compared to cell lines from homozygotes that had no evidence of liver disease (Wu et al. 1994).

**AT Deficiency: Role of Proteasomal and Autophagic Pathways as Modifiers of Tissue Damage**

We hypothesized that pathways responsible for intracellular degradation of mutant ATZ that accumulate in the ER would be one category of protein homeostasis mechanisms that are altered by genetic and/or environmental modifiers. To address this hypothesis, we and others sought to determine the mechanisms by which ATZ is degraded when it accumulates in the ER. Early studies in both yeast and mammalian cell lines showed that the proteasome participates in degradation of mutant ATZ (Qu et al. 1996; Werner et al. 1996; Teckman et al. 2001). In fact, degradation of mutant ATZ by the proteasome was one of the original observations that led to the recognition of the ER-associated degradation (ERAD) pathway. ERAD is a pathway by which proteins in the lumen or membrane of the ER are targeted for degradation by retrograde translocation into cytoplasm where ubiquitination and proteasomal degradation.
take place (reviewed in Brodsky and Wojcikiewicz 2009). We know now that there are different types of ERAD for luminal and membrane proteins and there may even be further subspecialization for different types of luminal proteins but the exact chaperones and proteins that recognize ATZ and mediate its transport into the cytoplasm are not yet elucidated. Studies using a cell-free microsomal translocation system suggest that ATZ degradation by the proteasome occurs by both ubiquitin-dependent and ubiquitin-independent mechanisms (Teckman et al. 2000).

Nevertheless, there was evidence from these studies of the proteasomal pathway in mammalian cell lines, cell-free microsomal translocation systems, and yeast that this pathway could not completely account for disposal of ATZ. Autophagy was first implicated in AT deficiency when a marked increased in autophagosomes were observed in fibroblast cell lines engineered for expression of ATZ (Teckman and Perlmutter 2000). Increased autophagosomes were observed in the liver of PiZ mice and in liver biopsy specimens from patients (Teckman and Perlmutter 2000).

Autophagy is a catabolic process by which the cell digests its internal constituents to generate amino acids in response to nutrient starvation and other stress states. It also appears to play a role in homeostasis, cell growth, and differentiation. It begins with the formation of a membranous platform around a targeted region of the cell. This platform becomes a double-membrane vesicle as it envelopes cytoplasm together with parts of or entire subcellular organelles. Eventually this autophagosome fuses with the lysosome for degradation of its contents.

Thus, the presence of abundant autophagosomes in the liver in AT deficiency and its models raised the possibility that autophagy could be involved in degrading the mutant ATZ that is retained in the ER. Indeed the initial study went on to show that disposal of ATZ was partially abrogated by chemical inhibitors of autophagy, including 3-methyladenine, wortmannin and LY-294002 (Teckman and Perlmutter 2000). However, because these drugs have other cellular effects and therein cannot be considered specific for autophagy we sought to provide genetic evidence that autophagy participated
in disposal of ATZ. For this we engineered an embryonic fibroblast cell line (MEF) from an ATG5-null mouse for expression of ATZ (Kamimoto et al. 2006). The results showed a marked delay in degradation of ATZ in the ATG5-null compared to the wild type MEFs. Furthermore, in the ATG5-null cell line it became possible to observe massive accumulation of ATZ with very large inclusions throughout the cytoplasm. Therefore, in addition to providing definitive evidence that it contributes to the disposal of ATZ, these studies suggest that autophagy plays a “homeostatic” role in the AT-deficient state by preventing toxic cytoplasmic accumulation of ATZ through piecemeal digestion of insoluble aggregates.

A study by Kruse et al using a completely different strategy also showed the importance of autophagy in disposal of ATZ (Kruse et al. 2006a). This group expressed human ATZ in a library of yeast mutants and screened for mutants that were impaired for degradation of ATZ. One of the mutants corresponded to the yeast homolog of mammalian autophagy protein ATG6. In the absence of this ATG6 homolog or the homolog of ATG16 there was a marked delay in disposal of human ATZ. These studies were particularly revealing because delay in degradation of ATZ was most apparent in the autophagy-deficient yeast strains when ATZ was expressed at high levels. At lower levels of expression, ATZ was degraded at a rate not significantly different from that in wild type yeast. These results are consistent with the notion that at lower levels of expression ATZ in the ER is predominantly soluble and can be degraded by the proteasome whereas at higher levels of expression it is more likely to transition to insoluble polymers/aggregates that require autophagy for disposal.

Kruse et al. also discovered that a mutant subunit of fibrinogen that forms insoluble aggregates in the ER of liver cells in an inherited form of fibrinogen deficiency depends on autophagy for disposal (Kruse et al. 2006b). This type of fibrinogen deficiency has been associated with a chronic liver disease characterized by distinct fibrillar aggregates in the ER of liver cells. These results substantiate the concept that chronic liver disease can be caused by accumulation of an aggregation-prone protein in the ER and that autophagy is specialized for the disposal of aggregation-prone proteins that accumulate in the ER.

The presence of increased hepatic autophagosomes in AT deficiency could potentially indicate that there is some defect in clearance of autophagosomes rather than an increase in formation of autophagosomes. We have recently investigated this issue by monitoring LC3 isoform conversion in a cell line model with inducible expression of ATZ. The results indicate that ATZ expression is sufficient to elicit LC3 conversion and that conversion is further accentuated by the presence of lysosomal inhibitors (Hidvegi et al. 2010). Thus, at least within the context of a cell line model, accumulation of ATZ in the ER results in increased formation of autophagosomes and increased autophagic flux without a defect in clearance.

Several lines of evidence suggest that there are one or more other pathways that contribute to disposal of ATZ. A pathway that depends on a tyrosine phosphatase activity has been described (Cabral et al. 2002). The studies of Kruse et al indicated that ATZ could be transported to the trans-Golgi and then targeted to the lysosome of yeast but a comparable pathway has not been described in mammalian cells (Kruse et al. 2006a).

Modifiers that affect the function of any of these pathways could increase susceptibility to liver disease according to our theory. Indeed, a single nucleotide polymorphism (SNP) in the downstream flanking region of ER mannosidase I has been implicated in early-onset liver disease among AT-deficient individuals (Pan et al. 2009). Because ER mannosidase I plays a role in ERAD a polymorphism that affects its function would be a prime candidate for a modifier of liver disease in AT deficiency. However, further epidemiological studies are needed to determine if this SNP is truly affecting liver disease susceptibility and further cellular studies are needed to identify how it alters ATZ accumulation. A SNP in the upstream flanking region of the AT gene itself has also been implicated in liver disease susceptibility (Chappell...
et al. 2008). There is no reason to believe that this SNP would affect the disposal of ATZ. The logical explanation for the effect of this polymorphism would be to increase expression of ATZ but the published results did not substantiate that notion. Furthermore, the study could have led to an entirely different conclusion with a legitimate alternate way of classifying one of the patient groups.

AT DEFICIENCY: ROLE OF CELLULAR RESPONSE PATHWAYS ACTIVATED BY ACCUMULATION OF ATZ IN THE ER

According to our theory for pathogenesis of liver disease in AT deficiency, modifiers would also be predicted to alter the functioning of cellular signaling pathways that might be activated to protect the cell from aggregated proteins. To address this we began a series of studies designed to determine what signaling pathways were activated when ATZ accumulated in the ER. We reasoned that this would require cell line and mouse model systems with inducible rather than constitutive expression of ATZ because the latter would potentially permit adaptations that could obscure the primary signaling effects. A series of studies using these kinds of systems have shown that the autophagic response and the NFκB signaling pathway but not the unfolded protein response are activated when ATZ accumulates in the ER (Hidvegi et al. 2005; Kamimoto et al. 2006). Activation of the autophagic response was shown by investigating the liver of a novel mouse model with hepatocyte-specific inducible expression of ATZ, the Z mouse, bred onto the GFP-LC3 mouse background. LC3 is an autophagosomal membrane-specific protein and so the GFP-LC3 mouse makes green fluorescent autophagosomes. Green fluorescent autophagosomes appear in the liver of the GFP-LC3 mouse only after 24 hours of starvation. In the Z x GFP-LC3 mouse green fluorescent autophagosomes are seen merely by allowing hepatocyte expression of the ATZ gene to be induced (Kamimoto et al. 2006). GFP+ autophagosomes are not seen in the liver of the Saar x GFP-LC3 mouse, which has hepatocyte-specific inducible expression of the AT Saar variant that accumulates in the ER but does not polymerize. Thus, autophagy is activated when ATZ accumulates in the ER and the autophagic pathway then plays a critical role in disposal of ATZ and preventing massive intracellular aggregates.

Activation of NFκB is another hallmark of the cellular response to ATZ accumulation (Hidvegi et al. 2005). One of the most interesting aspects of the NFκB signaling pathway under these circumstances is that it is associated with a rather limited set of downstream transcriptional targets (Hidvegi et al. 2007). Indeed the most significant change in expression that could be attributable to NFκB is down-regulation of Egr-1, a transcription factor that is essential for hepatocyte proliferation and the hepatic regenerative response (Liao et al. 2004). Our most recent studies have indicated that the down-regulation of Egr-1 in the liver of the Z mouse when ATZ expression is induced is directly attributable to the action of NFκB (A. Mukherjee, D.H. Pernlmutter, unpubl.). Furthermore, the complex of proteins that assembles to form NFκB when ATZ accumulates in the ER has a profile that is entirely distinct from that which forms when cells are treated with TNF or tunicamycin (A. Mukherjee and D.H. Pernlmutter, unpubl.). Finally, mating of the PiZ mouse to a mouse model with conditional hepatocyte-specific deficiency of NFκB activity shows more severe inflammation, fibrosis, steatosis, dysplasia and more hepatocytes with globules (A. Mukherjee, T. Hidvegi, D.H. Pernlmutter, unpubl.), indicating that NFκB signaling is intended to protect the liver from the effects of ATZ accumulation. Together, the data on NFκB suggest that it plays a particularly important role in the effects of ATZ on cell proliferation, survival and ultimately the predisposition to hepatic carcinogenesis in AT deficiency.

The absence of the unfolded protein response (UPR) is also noteworthy (Hidvegi et al. 2005; Hidvegi et al. 2007). For one, it means that activation of autophagy and NFκB in cells which accumulate mutant ATZ is independent of the UPR, another distinct characteristic of the cellular response in the AT deficiency
state. With what is known about the mechanism by which the UPR is initiated it has always been relatively easy to understand how polymerized and aggregated would not elicit the UPR. Results of the recent structural studies by Huntington and colleagues provide an explanation for why soluble monomeric ATZ does not get recognized by the UPR apparatus. Those results suggest that the monomeric ATZ intermediate adopts a conformation that resembles the wild type molecule and therein would not be recognized as unfolded (Yamasaki et al. 2008).

Genomic analysis of liver from the Z mouse has identified other changes in gene expression that are attributable to the cellular response to ATZ (Hidvegi et al. 2007). One of these changes, up-regulation of regulator of G signaling 16 (RGS 16), may represent a mechanism by which autophagy is activated in the liver in AT deficiency. We have found that the RGS16 response is characteristic and specific for ATZ. Because RGS16 antagonizes Gαi3 and Gαi3 plays a role in inhibiting hepatic autophagy (Gohla et al. 2007), we have hypothesized that increased RGS16 when ATZ accumulates in the ER leads to reversal of the inhibition of autophagy that would otherwise pertain in resting hepatocytes. There is still relatively limited information about how RGS16 is up-regulated and where in the cell it acts to antagonize Gαi3.

**AT DEFICIENCY: NOVEL THERAPEUTIC STRATEGIES BASED ON GAIN-OF-TOXIC FUNCTION MECHANISMS**

The autophagic response would appear to be an ideal target for potential therapies because it plays a role in disposal of mutant ATZ, is particularly specialized for disposal of the insoluble aggregated forms of ATZ that are integral to the pathogenesis of hepatic fibrosis and carcinoma-tosis, and because the autophagic response is specifically activated by accumulation of ATZ in the ER. For this reason, we recently investigated one of a list of FDA-approved drugs that are known to enhance autophagy. Carbamazepine (CBZ) was selected because it has the most extensive safety profile, having been used for years as an anticonvulsant and mood stabilizer. We found that this drug enhanced the autophagic disposal of ATZ in cell line and mouse models of AT deficiency (Fig. 3) (Hidvegi et al. 2010). Furthermore, CBZ reduced the hepatic load of ATZ and hepatic fibrosis in vivo in the mouse model (Hidvegi et al. 2010). These results indicate that CBZ can be tested immediately in clinical trials for treatment of AT deficiency-associated liver disease and provide a proof-in-principle for the therapeutic use of autophagy enhancers. This concept has been further substantiated by recent results from high-content screening of drug libraries using a novel *C. elegans* model of AT deficiency. In a pilot screen, 4 of 6 hit compounds are known to be autophagy enhancers (Gosai et al. 2010). These results are also particularly exciting because they provide evidence for the concept that the endogenous protein homeostasis machinery can be used to prevent tissue damage from mutant proteins.

Ultimately, it would be ideal to investigate these drugs together with small molecules that alter the conformation of the mutant ATZ in such a way that insoluble ATZ is destroyed in the liver and soluble ATZ is secreted, thereby preventing both liver and lung disease in AT deficiency. The recently described domain-swapping mechanism for polymerization of ATZ (Yamasaki et al. 2008) provides a basis for believing that only relatively minor changes in the kinetics of folding and degradation would be needed to facilitate secretion of the soluble forms of ATZ.

**OTHER SERPINOPATHIES THAT CAUSE HUMAN DISEASE BY GAIN-OF-FUNCTION MECHANISMS**

Although mutations in AT have been the most widely studied, missense mutations in other serpin family members are increasingly recognized as causes of human disease. Most of these mutations cluster in three key regions of the serpin scaffold: the shutter region, the proximal hinge region and the distal hinge region (Stein and Carrell 1995). The proximal and distal hinge regions help maintain the RCL in its active conformation above the body of the
serpin where it is available for peptidase binding. These regions are also important for carrying out the serpin inhibitory mechanism by facilitating the movement and insertion of the proximal portion of the RCL into the strand 4 position of \( \alpha \)-sheet A (Huntington et al. 2000). This RCL movement translocates the bound peptidase and traps it as a stable covalent intermediate (Huntington et al. 2000). The shutter region is comprised of several structural elements, which regulate the sliding of \( \alpha \)-sheet A strands to allow for insertion of the RCL after peptidase cleavage. Mutations in these regions result in serpin dimerization and higher order polymerization by domain swapping as described above for ATZ or possibly by a loop-sheet insertion (Fig. 1) (Lomas et al. 1992; Yamasaki et al. 2008). In the loop-sheet insertion model, the serpin folds normally, but destabilizing mutations allow for premature opening of the A-sheet and insertion of the intact RCL from the same (latent conformation) or from a different serpin molecule (loop-A-sheet A dimer). Latent serpins can also polymerize as the RCL of a serpin binds to the position in \( \alpha \)-sheet C vacated by the distal hinge movement required to form the latent molecule (loop-C-sheet dimer).

At least five different serpins causing human diseases have been found with mutations in one of the three critical regions, but most cluster in the shutter region (Stein and Carrell 1995; Gooptu and Lomas 2009). Heterozygous mutations (L55P or P229A) in \( \alpha \)-1-antichymotrypsin, an inhibitor of cathepsin G and mast cell chymase, can result in misfolded protein accumulation in the liver and chronic obstructive pulmonary disease analogous to that observed with AT deficiency (Faber et al. 1993; Poller et al. 1993). A homozygous mutation of heparin cofactor II (E428K), an inhibitor of thrombin, was associated with a pro-thrombotic state, especially in the presence of a heterozygous antithrombin deficiency (Villa et al. 1999; Corral et al. 2004a). This mutation, which is identical to that of ATZ, impaired mutant protein secretion to circulating levels that were \( \sim 5\% \) of normal. An autosomal dominant
mutation of C1 inhibitor, which regulates the classical complement and bradykinin cascades, is the cause of hereditary angioedema. Several of the mutations (A436T, V451M, F455S, and P476S) lead to impaired secretion, intracellular degradation, and polymerization (Aulak et al. 1993; Eldering et al. 1995; Verpy et al. 1995). Autosomal dominant mutations in antithrombin lead to thrombosis. Although many of these mutations lead to misfolding and impaired secretion, others lead to the formation of latent species in the circulation (Bruce et al. 1994; Zhou et al. 1999; Corral et al. 2004b). The latent conformation is caused by instability of native structure, which allows for insertion of the intact RCL into β-sheet A and displacement of s1C. Not only are latent molecules unable to inhibit thrombin, they form inactive dimers with wild-type proteins via α-stand linkages as loop-C-sheet dimers as described above (Bruce et al. 1994; Zhou et al. 1999; Corral et al. 2004b). Thus, circulating mutant proteins in the latent conformation predispose to thrombosis by further decreasing the concentration of active inhibitor.

In contrast to AT deficiency associated with shutter region mutations, those in the hepatically synthesized proteins heparin cofactor II, C1 inhibitor, and antithrombin do not appear to cause liver disease and intracellular inclusions despite causing protein misfolding, polymerization, and impaired secretion. In part, this difference may be caused by a concentration effect, as the normal hepatic synthesis of these latter proteins is only approximately 10% that of AT (Gooptu and Lomas 2009).

Mutations in the neuroserpin gene are the cause of an autosomal dominant neurodegenerative disorder characterized by progressive deterioration of cognition, memory, and visuospatial skills (Davis et al. 1999a; Davis et al. 1999b). Some patients also develop progressive myoclonus epilepsy (PME) (Takao et al. 2000). Histopathological examination of affected individuals show the accumulation of PAS positive, diastase resistant intracellular inclusion bodies within neurons located in the deeper layers of the cerebral cortex and subcortical nuclei, including the substantia nigra (Davis et al. 1999a; Davis et al. 1999b). In cases with PME, neurons in the cerebellum and the cerebellar dentate nucleus are also involved (Davis et al. 2002). These inclusions (Collins bodies) are comprised almost exclusively of misfolded and/or polymerized neuroserpin and are located within dilated cisternae of the rough endoplasmic reticulum (Davis et al. 1999a; Davis et al. 1999b). Hence, this disorder has been described as familial encephalopathy with neuroserpin inclusion bodies (FENIB) (Davis et al. 1999a; Davis et al. 1999b). At least five different missense neuroserpin mutations have been identified, and they all involve the shutter region. Based on the nature of the amino acid substitutions and their location within the serpin scaffold, these mutations are predicted to confer different degrees of instability relative to the native fold (Davis et al. 2002). Indeed, the more destabilizing mutations (G392R > G392E > H338R > S52R > S49P) are associated with a greater number and more pervasive distribution of Collins bodies and an earlier onset and a more severe progression of dementia and PME (Davis et al. 2002; Gooptu and Lomas 2009). This correlation was supported by transient transfection of the mutant genes into cell lines, and showing that the more destabilizing mutations resulted in the formation of longer polymers and a greater degree of ER retention (Miranda et al. 2004; Miranda et al. 2008).

Because of their metastable active conformation, all wild-type serpins are capable of polymerizing in vitro in a concentration and temperature dependent process (Dafforn et al. 1999). Under certain conditions, this process appears to occur in vivo. Megsin (SERPINB7) is an intracellular serpin that is expressed in the mesangial cells within the glomerulus of the kidney (Miyata et al. 1998). In IgA and diabetic nephropathy, this serpin is up-regulated and appears to drive mesangial cell proliferation and mesangial matrix deposition leading to glomerulosclerosis (Suzuki et al. 1999). Transgenic mice over expressing human megsin also develop glomerular sclerosis (Miyata et al. 2002). However, transgenic rats expressing the same transgene develop intracellular PAS inclusion bodies within glomerular epithelial, tubular
An in vivo study on the role of protein homeostasis pathways in tissue injury that occurs in these other serpinopathies and whether variations in the function of endogenous proteostasis pathways determine the incidence and severity of tissue injury. We suspect that the principles affecting the classical form of AT deficiency will also apply to these disorders. Variation in the function of proteostasis pathways would be a likely mechanism for genetic and environmental modifiers of these disorders. Furthermore, strategies that target the proteostasis pathways may be attractive for therapy as well as prevention of cell and organ damage.

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AT Deficiency as Prototype Gain-of-Function Disorder


D.H. Perlmutter and G.A. Silverman


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<thead>
<tr>
<th>Subject Collection</th>
<th>Protein Homeostasis</th>
</tr>
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<tbody>
<tr>
<td><strong>Translational Control in Cancer Etiology</strong></td>
<td>Davide Ruggero</td>
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<tr>
<td><strong>Protein Folding and Quality Control in the ER</strong></td>
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<td>Kazutaka Araki and Kazuhiro Nagata</td>
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<tr>
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<tr>
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<tr>
<td><strong>Huntington's Disease</strong></td>
<td>Steven Finkbeiner</td>
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<tr>
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