Keep Your Friends Close: Cell–Cell Contact and Skeletal Myogenesis

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Development of skeletal muscle is a multistage process that includes lineage commitment of multipotent progenitor cells, differentiation and fusion of myoblasts into multinucleated myofibers, and maturation of myofibers into distinct types. Lineage-specific transcriptional regulation lies at the core of this process, but myogenesis is also regulated by extracellular cues. Some of these cues are initiated by direct cell–cell contact between muscle precursor cells themselves or between muscle precursors and cells of other lineages. Examples of the latter include interaction of migrating neural crest cells with multipotent muscle progenitor cells, muscle interstitial cells with myoblasts, and neurons with myofibers. Among the signaling factors involved are Notch ligands and receptors, cadherins, Ig superfamily members, and Ephrins and Eph receptors. In this article we describe recent progress in this area and highlight open questions raised by the findings.

Skeletal muscle is the most abundant tissue in the vertebrate body and necessary for breathing, metabolic homeostasis, and locomotion. Development of skeletal muscle occurs in a sequential, multistage process that includes specification of multipotent progenitors to lineage-committed myoblasts, differentiation of myoblasts into multinucleated myofibers, and maturation of myofibers by innervation and bundling into functional muscles (Biressi et al. 2007; Comai and Tajbakhsh 2014; Tintignac et al. 2015). Myoblast differentiation is itself a complex process that involves both induction of the muscle-specific transcriptome and fusion of myoblasts into an elongated syncytium. Similarly, maturation is multifaceted. Mature myofibers are classified as “slow” or “fast” types,

based on expression of distinct myosin heavy chain (MyHC) isoforms and metabolic capabilities (Schiaffino and Reggiani 2011; Talbot and Maves 2016).

Myogenic specification and differentiation are coordinated by the myogenic basic helix–loop–helix (bHLH) transcription factors Myf5, MyoD, myogenin, and MRF4. Uncommitted progenitor cells are specified to become lineage-committed myoblasts through the combined actions of Myf5, MRF4, and MyoD, whereas differentiation of myoblasts is regulated by myogenin, MyoD, and MRF4 (Tapscott 2005; Biressi et al. 2007; Comai and Tajbakhsh 2014). Expression of these factors, particularly MyoD, in many nonmuscle cell types converts such cells to the skeletal muscle program, revealing their

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ability to drive tissue-specific transcription and cell differentiation (Tapscott 2005; Fong and Tapscott 2013). The ability of MyoD to function in this manner occurs in conjunction with non-muscle-specific factors such as its heterodimeric partners, the E proteins; members of the Mef2 family of transcription factors; transcriptional coactivators; and chromatin remodeling factors (Tapscott 2005; Biressi et al. 2007; Sartorelli and Juan 2011; Fong and Tapscott 2013; Comai and Tajbakhsh 2014). These and additional transcription factors orchestrate development of the skeletal muscle lineage.

Although the importance of lineage-specific transcriptional regulation in skeletal myogenesis has long been appreciated, myogenesis is also regulated by extracellular cues that initiate intracellular signaling (Guasconi and Puri 2009). Some of these extracellular cues are secreted factors, such as fibroblast growth factor (Fgf), Wnt family ligands, and Sonic hedgehog (Shh). A growing body of evidence indicates that signaling initiated by direct cell–cell contact also provides key regulatory information during development of the skeletal muscle lineage. In adult skeletal muscle, stable cell–cell junctions (exemplified by epithelial, cadherin-based adherens junctions) do not appear to exist between myofibers, which are the unit cells of this tissue. (Cell–cell junctions do exist between myofibers and skeletal muscle stem cells known as satellite cells; this is discussed below.) Nevertheless, cell–cell adhesion, and signaling that derives from cell–cell contact, occurs between various muscle precursor cells and between these cells and nonmuscle cell types during myogenesis. Furthermore, such interactions are important for muscle development. In this review, we discuss the roles and mechanisms whereby cell–cell contact regulates skeletal myogenesis.

PROGENITOR CELL COMMITMENT TO THE SKELETAL MUSCLE CELL LINEAGE

In vertebrates, skeletal muscles of the trunk and limbs develop from somites, transiently existing blocks of columnar epithelial cells that form in an anterior-to-posterior manner from paraxial mesoderm. Somites mature dorsally into the

dermomyotome, which has epithelial character and gives rise to skeletal muscle and dermis, and ventrally into the sclerotome, which has mesenchymal character and gives rise to the bones and cartilage of the axial skeleton (Brand-Saberi and Christ 2000). Some dermomyotomal progenitor cells undergo an epithelial-mesenchymal transition (EMT), become committed to the skeletal muscle lineage, and migrate between the dermomyotome and sclerotome to form the myotome, a set of differentiated embryonic muscle cells. Subsequent embryonic, fetal, and postnatal stages of myogenesis involve additional muscle progenitors that originally migrate from the dermomyotome and ultimately establish the trunk and limb musculature (Biressi et al. 2007; Comai and Tajbakhsh 2014).

Signals from the adjacent dorsal neural tube and surface ectoderm play important roles in maturation of the dorsal somite (Munsterberg and Lassar 1995; Stern and Hauschka 1995). These tissues secrete Wnt1 and Wnt3a, which signal via the “canonical” pathway to stimulate β -catenin/T-cell factor (TCF)–dependent transcription. These Wnt ligands promote myogenesis of explanted epithelial somites in vitro (Munsterberg et al. 1995; Stern et al. 1995; Tajbakhsh et al. 1998; Borello et al. 2006). Furthermore, an enhancer that regulates *Myf5* expression in the dorsal somite harbors TCF binding sites that are critical for Wnt responsiveness and enhancer function (Borello et al. 2006) (N.B.: *Myf5* is the first myogenic bHLH factor expressed during development, and its role is solely in lineage determination.) These results argued that canonical Wnt ligands, along with Shh and soluble bone morphogenetic protein (BMP) inhibitors (Munsterberg et al. 1995; Reshef et al. 1998; Borycki et al. 1999), induce muscle lineage specification of dermomyotomal progenitor cells via β -catenin/TCF-dependent expression of *Myf5*.

β -catenin is well known for having two distinct cellular functions: (1) as a transcriptional regulator that associates with the DNA-binding TCF proteins in a Wnt signaling-responsive manner; and (2) as an adaptor protein that binds to the cytoplasmic tail of cadherins and promotes linkage to the cytoskeleton (van

Amerongen and Nusse 2009; Niessen et al. 2011). Cells of the epithelial dermomyotome express the cell–cell adhesion molecule N-cadherin with an apical localization; its adhesive junction partner, β -catenin, is localized there as well (Cinnamon et al. 2006). Studies with chick embryos suggest that changes in N-cadherin expression and subcellular localization play important roles in specification of multipotent dermomyotomal cells to the muscle lineage. As these cells divide, N-cadherin is asymmetrically localized in cells that are fated to become skeletal muscle cells of the myotome; conversely, daughter cells that lack N-cadherin take on features of early dermal cells (Cinnamon et al. 2006). Consistent with these observations, electroporation of wild-type or dominant negative mutant forms of N-cadherin into dermomyotomal cells promoted or diminished contribution of such cells to the myotome compartment, respectively (Cinnamon et al. 2006). During EMT of dermomyotomal cells that were fated to become muscle, the apical distribution of N-cadherin and β -catenin was disrupted, consistent with a transient loss of adhesion during migration and acquisition of the myogenic fate (Cinnamon et al. 2006).

Based on the results described above, the adhesive and transcriptional “pools” of β -catenin in dermomyotomal muscle progenitor cells might be viewed as distinct; that is, they are involved in either cell–cell adhesion or Wnt signal-dependent activation of *Myf5* expression, but not both. However, nuclear β -catenin signaling from adhesion complexes can occur (McCrea et al. 2015), and recent results from the Marcelle group suggest that this process may be involved in commitment of dermomyotomal progenitor cells to the muscle lineage. These investigators have studied the role of neural crest cells in promoting somitic myogenesis. Neural crest cells migrate from the dorsal neural tube to populate various structures of the embryo. Some of these cells migrate past the dorsomedial aspect of somites, a portion of the dermomyotome known to give rise to myoblasts early in myotome formation. Neural crest cells in close proximity to such dermomyotomal cells express the Notch ligand, Delta1, and cells

of the dermomyotome express Notch receptors (Rios et al. 2011). Transient cell–cell contact between migrating, Delta1⁺ neural crest cells and Notch⁺ muscle progenitors in the dermomyotome leads to Notch signaling in the latter. This is, in turn, required for *Myf5* induction and adoption of the skeletal muscle cell fate (Rios et al. 2011). This “kiss and run” mode of cell–cell contact-dependent signaling strongly suggests that the concurrent timing of neural crest cell migration and myotome formation is mechanistically linked.

Canonical Notch signaling involves cleavage of its intracellular domain (NICD), which translocates to the nucleus and binds RBP-J to stimulate pathway-responsive gene expression (Fortini 2009). In exploring how Notch signaling promotes *Myf5* expression in dermomyotomal progenitor cells, it was found that NICD inhibited GSK3 β activity independently of NICD’s transcriptional role in the nucleus (Sieiro et al. 2016). This, in turn, led to stabilization of Snail, which promoted EMT of these cells. Unexpectedly, NICD also drove TCF-dependent reporter activity and *Myf5* expression, again independently of its canonical transcriptional role. Notch-stimulated, TCF-dependent reporter activity and *Myf5* expression were independent of Wnt signaling and appeared to result from liberation of a membrane source of β -catenin (Sieiro et al. 2016). As described above, EMT of dermomyotomal cells was accompanied by loss of N-cadherin and β -catenin from an apical junction location. It may be that the reduction in cell–cell adhesion that allows muscle progenitor cells to migrate out of the dermomyotome (and which is promoted by the EMT program) allows β -catenin to relocate from the plasma membrane to the nucleus and specify the myogenic cell fate via TCF-dependent induction of *Myf5* (Fig. 1). The mechanism by which β -catenin is relocated is not clear, but expression of a phosphorylation-deficient β -catenin mutant that is poorly mobilized from junctional complexes was ineffective in *Myf5* induction. Therefore, β -catenin may be phosphorylated during EMT to trigger alteration of its subcellular localization. Taken together, these results uncovered a novel mecha-

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Figure 1. Delta/Notch signaling from migrating neural crest cells to dermomyotomal muscle progenitor cells stimulates translocation of β -catenin from adhesive junctions to the nucleus to promote *Myf5* expression and myogenic commitment. Before engagement with a neural crest cell (top), dermomyotomal cells express N-cadherin and β -catenin in an apical location. The *Myf5* gene is not expressed and the cells are multipotent. When neural crest cells migrate across the surface of the dorsal somite, Delta1 on their surface binds to Notch1 on the surface of dermomyotomal cells (bottom). This leads to cleavage of the Notch intracellular domain (NICD), which acts in the cytoplasm to inhibit GSK-3 β , in turn stabilizing Snai1. Snai1 induces an epithelial–mesenchymal transition (EMT). The dashed line between Snai1 and EMT indicates that this is a complex event; the multiple dashed lines emanating from EMT indicate that EMT induces multiple profound changes to the cell. Among these, N-cadherin no longer localizes to an apical site and β -catenin translocates from an adhesive junction to the nucleus where it associates with TCF to induce expression of *Myf5*. Expression of *Myf5* commits progenitor cells to the skeletal muscle lineage. Alterations in N-cadherin localization are also associated with asymmetric cell divisions (not shown, but see text for further details).

nism whereby contact between migrating neural crest cells and dermomyotomal progenitor cells triggers a nontranscriptional Notch signaling function. This noncanonical Notch signal promotes a change in cell adhesion and redirection of β -catenin's function from the membrane to the nucleus, thereby stimulating myogenic cell fate acquisition (Sieiro et al. 2016).

These findings raise numerous questions. If Notch-dependent β -catenin/TCF activity is key to myogenic specification, what is the role of canonical Wnt signaling—which can be observed and is distinguishable from the Notch/ β -catenin activity—in this process? What kinases may be involved in β -catenin phosphorylation and how is their activity regulated? Is N-cadherin the β -catenin partner that releases the “pool” of β -catenin in this process or are other cadherins involved? We note that P-cadherin, and perhaps additional cadherins, is also expressed in the epithelial dermomyotome (Thuault et al. 2013). How do these new findings relate to the earlier results on N-cadherin in myogenic specification via asymmetric cell divisions (Cinnamon et al. 2006)? Canonical Notch signaling plays roles later in myogenesis, including inhibition of myoblast differentiation such that appropriate numbers of myoblasts are produced (Schuster-Gossler et al. 2007; Vasyutina et al. 2007); how, if at all, are these two Notch functions related? Finally, these findings are compelling, but have been performed only with electroporated chick embryos. It will be interesting and important to address the pathway with conditional mutants in mouse embryos also.

MYOBLAST DIFFERENTIATION AND FUSION

Differentiation of skeletal myoblasts into myofibers is a multistep process involving withdrawal from the cell cycle, adoption of a muscle-specific transcriptional program, cell elongation, and cell–cell fusion (Biressi et al. 2007; Comai and Tajbakhsh 2014). Cell–cell contact is, of course, a prerequisite for fusion of myoblasts with each other or with nascent myofibers, but the myoblast differentiation program as a whole is regulated by direct cell–cell contact. It is high-

ly likely that changes in gene expression and cell morphology are coordinated during differentiation to produce this very specialized cell type. The mechanisms by which this coordination occurs are not fully clear, but cell–cell contact between myoblasts is likely to play a role.

Myogenic differentiation is amenable to analysis *in vitro*, as both primary mouse myoblasts and myoblast cell lines are easily obtained and studied. Myoblasts are generally allowed to proliferate in mitogen-rich medium until near confluence, at which point they are switched to mitogen-poor medium to stimulate differentiation. Although growth factor deprivation is a primary differentiation signal in these cultures, high cell density itself is strongly promyogenic. It was subsequently shown that cell–cell contact and adhesion regulates promyogenic signal transduction pathways. Multiple mechanisms underlie this effect, and we have reviewed the field previously (Krauss et al. 2005; Krauss 2010).

A central factor in cell contact-dependent signaling in myoblasts is the multifunctional cell-surface coreceptor, Cdon (also called Cdo). Cdon has multiple immunoglobulin (Ig) and FNIII repeats in its extracellular region, a single transmembrane region, and a long cytoplasmic tail that does not resemble other proteins and lacks known catalytic activity (Kang et al. 1997, 1998). Cdon binds *in cis* to several different adhesion molecules and signaling receptors, and it can serve in ligand binding or signal propagation, depending on the receptor complex in question. One major binding partner for Cdon in skeletal myoblasts is N-cadherin (Kang et al. 2003; Lu and Krauss 2010). *Trans*-ligation of N-cadherin on adjacent myoblasts stimulates assembly of signaling complexes on the Cdon intracellular region (Fig. 2). These include direct association with (1) Bnip-2, which binds and brings to the complex the small GTPase, Cdc42 (Kang et al. 2008); and (2) JLP, a scaffold protein for the p38 α / β mitogen-associated protein (MAP) kinase pathway (Takaesu et al. 2006). Formation of such complexes stimulates Cdc42-dependent activation of p38 α / β (hereafter, p38) via a cascade of kinases that includes Pak1/2, Tak1 and/or Ask1, and MKK3/6 (Wu et al. 2000; Takaesu et al. 2006; Tran et al. 2012;

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Figure 2. N-cadherin ligation between myoblasts stimulates Cdon-dependent activation of p38, which promotes myogenic differentiation. N-cadherin ligation occurs on contact and adhesion of myoblasts and this, in turn, leads to assembly of signaling complexes on the intracellular region of Cdon. The scaffold protein Bnip-2 associates with both Cdon and Cdc42. Activated Cdc42 signals via Pak1/2 kinases to stimulate a p38 MAP kinase cascade bound to the Cdon-associated scaffold protein JLP. Activated p38 phosphorylates substrates that promote MyoD-dependent, muscle-specific gene expression to drive differentiation; among these substrates are E47, MEF2, BAF60c, KSRP, and EZH2. p38 activity also promotes cell-surface localization of the potassium channel, Kir2.1, which associates with Cdon. The dashed lines indicate that the p38 substrate involved in trafficking of Kir2.1 is not identified, and it is not clear whether the association between Cdon and Kir2.1 is a direct one. The dashed circle indicates that Kir2.1 is likely in a vesicular location before p38 activation, but the specific trafficking events that lead to cell-surface localization are not known. See text for further details. MAP, Mitogen-associated protein.

Joseph and Krauss, in prep). Activated p38, in turn, promotes myogenic differentiation through phosphorylation of proteins that stimulate the muscle-specific transcriptional activity of MyoD. Among these promyogenic p38 substrates are the MyoD dimeric partner, E47;

MEF2 proteins; the SWI-SNF chromatin remodeling complex subunit BAF60c; the RNA decay-promoting factor KSRP; and the polycomb repressive complex 2 catalytic subunit, EZH2 (Fig. 2) (Wu et al. 2000; Simone et al. 2004; Briata et al. 2005; de Angelis et al. 2005;

Lluis et al. 2005; Rampalli et al. 2007; Serra et al. 2007; Palacios et al. 2010).

Kang and colleagues recently showed that, in addition to its transcriptional regulatory function, Cdon-dependent p38 activation also promoted cell-surface expression of the inwardly rectifying potassium channel, Kir2.1 (Leem et al. 2016). Furthermore, Cdon and Kir2.1 formed complexes with each other at the cell surface. Importantly, plasma membrane hyperpolarization mediated by Kir2.1 promoted myoblast differentiation (Fischer-Lougheed et al. 2001; König et al. 2004). *Cdon*^{-/-} myoblasts displayed both defective differentiation and defective Kir2.1 activity, both of which could be rescued by expression of a constitutively active form of the p38 upstream activating kinase, MKK6 (Leem et al. 2016). *Cdon* expression is itself up-regulated by MyoD (Cole et al. 2004). Cell–cell adhesion between myoblasts, therefore, helps stimulate a complex feedback network of signaling and transcriptional regulation that reinforces both cell surface and nuclear drivers of myoblast differentiation (Fig. 2).

Cdon has multiple additional roles that influence skeletal myogenesis. Cdon interacts in *cis* with the netrin receptor, neogenin (Kang et al. 2004). Like Cdon, neogenin is an Ig and FNIII repeat-containing receptor. Myoblasts produce both netrin-3 ligand and neogenin, suggesting that they function in an autocrine manner (Kang et al. 2004). Although netrins are secreted molecules, in myoblast cultures they are associated with cell membranes and/or the extracellular matrix, indicating that they signal via short range in these cells, likely contributing to the promyogenic effects of cell–cell contact. Stimulation of primary or C2C12 myoblasts with netrin led to activation of focal adhesion kinase (FAK) and the extracellular signal-regulated kinase (ERK) MAP kinase (Kang et al. 2004; Bae et al. 2009). ERK, in turn, phosphorylated the calcium sensor Stim1, which promoted activation of the calcium-sensitive, promyogenic transcription factor, NFATc3 (Lee et al. 2012). These netrin-initiated signaling events occurred in a manner that is dependent on both neogenin and Cdon (Kang et al. 2004; Bae et al. 2009). Cdon binds to neogenin,

but not to soluble netrin, implying its role is as a coreceptor (Kang et al. 2004), but Cdon's mechanistic function in netrin signaling is less clear here than with cadherin-based signaling. Cdon also serves to regulate the Hedgehog and Wnt pathways (Zhang et al. 2006; Allen et al. 2011; Jeong et al. 2014). However, these are less likely to be cell–cell contact-dependent events, and Cdon's specific role in the ability of these pathways to influence muscle development is not clear. Mice lacking Cdon displayed delayed skeletal muscle development, and primary myoblasts from such mice differentiated defectively in vitro (Cole et al. 2004). The phenotype associated with loss of Cdon may arise from a combination of suboptimal signaling via several of the pathways it regulates.

Myoblast fusion is fundamental to production of myofibers and obviously requires cell–cell contact and adhesion. Led by genetic screens in *Drosophila* and followed by studies in zebrafish and mice, great progress has been made in understanding mechanisms of myoblast fusion. A recent model proposes that three steps underlie myoblast fusion: (1) cell recognition and adhesion, (2) enhancement of cell proximity via F-actin-propelled membrane protrusions by one fusion partner cell and myosin II-dependent cortical tension in the other, and (3) destabilization of the two apposed plasma membrane lipid bilayers and formation of a fusion pore (Kim et al. 2015). Many intracellular components that mediate steps 2 and 3 have been identified in *Drosophila* and, where tested, appear to be evolutionarily conserved in zebrafish and mice, and cultured cells. In contrast, a clear picture of the factors that mediate cell recognition and adhesion in these different models has not yet emerged. Comprehensive reviews have recently been published on myoblast fusion (Abmayr and Pavlath 2012; Hindi et al. 2013; Kim et al. 2015), and for the purposes of this review, we will focus on open questions pertaining to the cell–cell adhesion molecules involved in this process.

In the *Drosophila* embryo, fusion takes place between two types of myoblasts: muscle founder cells and fusion competent myoblasts. The former express the related adhesion receptors

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Dumbfounded and Roughest, whereas the latter express the related counter-receptors, Sticks-and-stones, and Hibris. All of these are Ig superfamily receptors (Kim et al. 2015). Engagement of these cell adhesion molecules triggers signaling events, which ultimately promote steps 2 and 3 above. The cell–cell contact points at which adhesion molecules and actin-rich protrusions are localized are complex cell–cell junctions and have been likened to synapses (Sens et al. 2010; Duan et al. 2012; Kim et al. 2015). Many intracellular signaling proteins and actin regulatory factors that are required for myoblast fusion in *Drosophila* are also required for this process in vertebrates (Krauss 2007; Moore et al. 2007; Srinivas et al. 2007; Laurin et al. 2008; Vasyutina et al. 2009; Gruenbaum-Cohen et al. 2012). However, the cell adhesion molecules that are critical for this process in zebrafish and mice may be different from those in *Drosophila*, and all the critical factors are probably not yet in sight. In zebrafish, a Dumbfounded ortholog (Kirrel3l) and a Sticks-and-Stones ortholog (Nephrin) have been assessed for roles in myoblast fusion via morpholino-mediated knockdown. Kirrel3l morphants had a strong fusion defect, suggesting a potentially conserved function, but they also had myofiber attachment defects (Srinivas et al. 2007). Nephrin morphants had shorter, disorganized myofibers but did not display overt loss of myoblast fusion (Sohn et al. 2009). Morpholino-dependent knockdown was, however, inefficient and it may be that a fusion defect would require a greater level of depletion. In contrast, JAM-B and -C, two different Ig superfamily counter-receptors, were essential for myoblast fusion in zebrafish (Powell and Wright 2011). Studies with mice carrying individual mutations in the members of the Kirrel, Nephrin, and JAM families have not been studied specifically for muscle development or myoblast fusion, but most mutants survive long enough that it is not possible for a complete block to myoblast fusion to have occurred in these animals (Donoviel et al. 2001; Putaala et al. 2001; Gliko et al. 2004; Sakaguchi et al. 2006; Prince et al. 2013; Yesildag et al. 2015).

Cadherins have been suggested to play a role as adhesion molecules in myoblast fusion, but

there is little genetic evidence to support a critical role of any single cadherin in this process (Charlton et al. 1997; Radice et al. 1997; Hollnagel et al. 2002). One possibility is that the multiple cadherins that are expressed in myoblasts may have overlapping or compensatory functions (Charlton et al. 1997; Radice et al. 1997; Hollnagel et al. 2002; Marthiens et al. 2002). Consistent with this notion is that forced expression of the intracellular region of E-cadherin in C2C12 myoblasts blocked both fusion into myotubes and cell-surface localization of endogenous N- and M-cadherin (note E-cadherin is not expressed endogenously in these cells, but its intracellular region is similar to that of the other cadherins) (Ozawa 2015). We have recently constructed mice that lack N- and M-cadherin in the muscle lineage. Although myoblast fusion was not obviously perturbed in these animals, primary myoblasts isolated from them had a specific fusion defect in vitro (AJ Goel and RS Krauss, in prep). This suggests that multiple cadherins may indeed display redundant functions in myoblast fusion, but there may be additional redundancy or requirements in vivo than in vitro.

It is important to note that although Kirrel, Nephrin, Jam, and cadherin family proteins are sufficient to promote cell–cell adhesion, they are not sufficient to drive cell–cell fusion (Martín-Padura et al. 1998; Galletta et al. 2004; Shilagardi et al. 2013). Furthermore, their expression is not restricted to the skeletal muscle lineage or even to other fusogenic cell types. The identity of a true fusogen in myoblast fusion is, therefore, of very high interest. One possibility here is the recently discovered myomaker, a cell-surface protein with seven membrane-spanning regions (Millay et al. 2013, 2016). Myomaker (also called TMEM8c) is essential for myoblast fusion in both mice and zebrafish (Millay et al. 2013, 2014; Landemaine et al. 2014). It is expressed exclusively in the skeletal muscle lineage and at the times during muscle development and regeneration when fusion is occurring. Significantly, ectopic expression of myomaker in fibroblasts allows them to fuse with myoblasts, an activity not seen previously with any other protein (Millay et al. 2013,

2016; Landemaine et al. 2014). Whether myo-maker is the long sought direct fusogen, or somehow regulates the process in another fundamental way, is not yet clear. However, understanding its mechanism of action, how it might interact with adhesion molecules, and what cell-surface junctional complexes it is a component of are important questions.

Finally, a recent finding has suggested that cell–cell contact and signaling between myoblasts and a nonmyogenic, muscle interstitial cell stimulates neonatal muscle growth in mice by promoting myoblast migration to fusion sites on myofibers (Gu et al. 2016). Myofiber formation is thought to be largely complete by birth, but fibers continue to grow during the early postnatal period via fusion of myoblasts at the tips of fibers. Specific, muscle-resident cells that expressed the surface marker NG2 contacted myoblasts to promote their migration to these sites. NG2⁺ cells also had high NF- κ B activity, which directly regulated expression of ephrin-A5. Signaling by ephrins and their Eph receptors is a widely used mechanism of directed cell motility and migration (Lisabeth et al. 2013). Genetic removal of the p65 subunit of NF- κ B or ephrin-A5 from NG2⁺ cells showed that these factors were important for the ability of NG2⁺ cells to promote myoblast motility in vitro and for proper myoblast localization and fusion in postnatal myofiber growth (Gu et al. 2016). As seen with neural crest cells and somitic muscle progenitors, these intriguing results provide another example of how cell contact–mediated signaling between nonmuscle cell types and muscle precursors regulates specific events in muscle development.

MUSCLE FIBER-TYPE PATTERNING

Skeletal myofibers are classified into different types by a variety of criteria, including expression of specific isoforms of MyHC, use of glycolytic versus oxidative metabolism, and speed of contraction (i.e., twitch) and fatigue (Schiaffino and Reggiani 2011; Talbot and Maves 2016). A broad classification scheme separates slow-twitch fibers, called Type 1, from fast-twitch fibers, which encompass Types 2A, 2X,

and 2B. Slow-twitch and Type 2A fibers use oxidative metabolism. As their name implies, slow-twitch fibers are the slowest contracting and fatiguing of all the myofiber types, with 2A fibers being the slowest contracting and fatiguing of the fast-twitch fibers. Type 2X and 2B fibers use glycolytic metabolism, and they contract and fatigue faster than do 2A fibers (or, naturally, than slow-twitch fibers).

Fiber type identity begins to be specified during embryonic development. However, late in prenatal development and continuing into the postnatal period, interactions between myofibers and their innervating motor neurons play a key role in stable fiber-type specification. Newly formed myofibers can contact axons from many different motor neurons, but over time all neuromuscular synapses but one, per fiber, are lost. Mature motor neurons innervate many individual fibers, and together these are called motor units. Fiber type identity, including expression of specific isoforms of MyHC, is plastic until myofibers are innervated by a single motor neuron and organized into a motor unit (Sanes and Lichtman 1999). Motor neurons themselves are also categorized into slow versus fast-resistant versus fast-fatigable, based on, among other properties, their firing rate. Within a motor unit, the neuronal firing rate helps specify fiber type. These observations raise the critical question of how motor neurons of the appropriate type interact stably with fibers that already possess some degree of fiber-type identity. Recent work by Cornelison and colleagues implicates ephrins and their cognate Eph receptors in this process (Stark et al. 2015).

Of eight ephrins screened for expression in adult mouse muscle, only ephrin-A3 was expressed in a nonuniform pattern (Stark et al. 2015). Costaining for the various types of MyHC revealed that ephrin-A3 was expressed exclusively on Type 1 (slow) fibers and that all such fibers were positive for ephrin-A3 (Stark et al. 2015). Ephrin-A3 expression on such fibers initiated after expression of MyHC-I (the isoform expressed by slow fibers), indicating that it is a part of the program that characterizes the early, cell-autonomous slow fiber program. To assess a role for ephrin-A3 in fiber-type pat-

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turning, a series of genetic experiments were performed. The number of MyHC-I⁺ fibers was not different between control and ephrin-A3-null mice through the first two weeks of postnatal life. However, between P14 and adulthood, the mutant mice underwent a striking diminution in numbers of slow fibers in most hind limb muscles, without a change in overall fiber number (Stark et al. 2015). Taken together, these results suggested that ephrin-A3 is dispensable for early specification of the slow fiber type, but is required for the process whereby fiber type identity is solidified and maintained by motor neuron engagement. To further test this notion, ephrin-A3 was ectopically expressed via in vivo plasmid electroporation of the anterior region of the adult Tibialis anterior muscle, which normally contains no slow fibers. This was followed by a sciatic nerve crush denervation protocol, which stimulates reinnervation by endogenous repair processes. Electroporation of a control plasmid was without effect, irrespective of whether denervation had occurred, and expression of ephrin-A3 in myofibers was without effect in the absence of denervation; however, ephrin-A3 expression followed by denervation resulted in production of abundant slow fibers in the electroporated area. These data are consistent with the conclusion that ephrin-A3 plays a role in motor neuron-dependent fiber-type specification and patterning, both during normal muscle maturation and reinnervation after injury.

As Ephrins bind their cognate Eph receptors during cell–cell interactions to provide contact-based repulsion signals (Lisabeth et al. 2013), these investigators searched for Eph receptors with a reciprocal expression pattern to ephrin-A3. EphA8 was found to be expressed at the neuromuscular junctions of fast, but not slow, fibers (Stark et al. 2015). Interestingly, the cell type on which synaptic EphA8 is expressed is a nonmyelinating glial cell present at neuromuscular junctions called terminal Schwann cells. Taken together, these results lead to the following model: After early specification during embryonic development, MyHC-I⁺ slow fibers express ephrin-A3. Many motor axons of both slow and fast subtypes can make contact with

these fibers (with fast axons outnumbering slow ones), leading to polyinnervation. During the 2- to 4-week postnatal period, MyHC-I⁺/ephrin-A3⁺ fibers become stably monoinnervated only by neurons whose Schwann cells lack EphA8; in contrast, neuromuscular junctions that harbor EphA8⁺ Schwann cells are found only on fast fibers, which lack ephrin-A3 (Stark et al. 2015). It is logical to propose, therefore, that cell contact-based repulsion between MyHC-I⁺/ephrin-A3⁺ fibers and EphA8⁺ presynaptic termini promotes stable monoinnervation of slow fibers by only EphA8[−] synapses. In contrast, ephrin-A3[−] (fast) fibers can be monoinnervated by EphA8⁺ synapses. This cell–cell contact-based mechanism can explain at least some of the final reciprocal patterns of myofiber types and their associated motor neurons, and the overall pattern of slow versus fast fiber types.

SATELLITE CELL–MYOFIBER INTERACTIONS

Adherens junction-like structures are not known to exist between skeletal myofibers. (It is worth noting that “cardiomyocytes” do have such structures (Vite and Radice 2014).) However, adult myofibers have stable cell–cell junctions in two notable cases. One is the neuromuscular junction. This is a complex synapse essential for nervous control of muscle contraction. Development and maintenance of the neuromuscular junction is beyond the scope of this review, which is focused on myogenesis, and readers are directed to a review on this topic (Tintignac et al. 2015). The second is the junction that exists between myofibers and their associated satellite cells. Satellite cells are adult skeletal muscle stem cells located between the myofiber and its surrounding basal lamina, and they are the source of skeletal muscle’s remarkable regenerative properties (Brack and Rando 2012; Doles and Olwin 2015; Dumont et al. 2015). Unlike tissues such as the epidermis or hematopoietic system, myofibers are not replenished homeostatically, and as such, satellite cells do not play a major role in maintenance of adult skeletal muscle (Fry et al. 2015; Keefe et al. 2015). Therefore, satellite cells exist in a largely

quiescent state in adult mice. However, on muscle injury they are activated to proliferate and produce the myoblasts that will ultimately differentiate to form new myofibers; they also self-renew to replenish the muscle stem cell compartment (Brack and Rando 2012; Doles and Olwin 2015; Dumont et al. 2015).

Within their niche, satellite cells display polarized adhesive interactions (Fig. 3). On their basal side, they express integrins (e.g., integrin $\alpha 7 \beta 1$) that bind laminins present in the basal lamina that enwraps each individual myofiber. On their apical side, satellite cells are directly apposed to the plasma membrane of their associated myofiber. M-cadherin, a muscle-specific classical cadherin, is localized exclusively at the site of contact between the satellite cell and the fiber. Quiescence is the hallmark property of satellite cells, and it is widely believed that the satellite cell niche plays a role in its maintenance. This is important as in instances in which quiescence is inappropriately broken, satellite cell number and/or function is diminished (Fukada

et al. 2011; Bjornson et al. 2012; Chakkalakal et al. 2012; Cheung et al. 2012; Mourikis et al. 2012; Gopinath et al. 2014; Dumont et al. 2015). In 1990, Bischoff (1990) reported that myofibers themselves are an important component of the quiescence-inducing niche. These results indicated that direct cell–cell interactions between myofibers and satellite cells were likely to regulate this key property of the latter.

The molecular mechanisms that underlie the ability of myofibers to promote satellite cell quiescence are poorly understood. However, Notch signaling is critical to the maintenance of satellite cell quiescence (Bjornson et al. 2012; Mourikis et al. 2012). A transgenic Notch reporter construct showed activity in quiescent satellite cells in vivo, and freshly isolated satellite cells expressed high levels of direct Notch pathway target genes such as *Hes1*, *Hey1*, and *HeyL*. Expression of these genes was sharply diminished when satellite cells were activated in response to injury in vivo or cultured under activating conditions in vitro. RBP-J is a DNA-

Figure 3. Quiescent satellite cells are polarized and form cell–cell junctions with myofibers. Satellite cells reside between myofibers and their surrounding basal lamina. Cadherins and Notch receptors are localized to the apical membrane of satellite cells and bind to cadherins and Notch ligands (e.g., Delta) on the myofiber membrane. Integrin $\alpha 7 \beta 1$ (Itg $\alpha 7 \beta 1$) is localized to the basal membrane of satellite cells and binds laminin present in the basal lamina.

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binding factor required for Notch-mediated transcriptional responses (Fortini 2009). When *Rbpj* was conditionally mutated in adult mouse satellite cells, these cells were depleted as a result of spontaneous activation and terminal differentiation in the absence of self-renewal (Bjornson et al. 2012; Mourikis et al. 2012). Consequently, such animals failed to regenerate skeletal muscles in response to injury. Combined germline knockout of *Hey1* and *HeyL* (also called *Hesr1* and *Hesr3*) resulted in a similar, although not identical, phenotype, suggesting they are relevant Notch target genes (Fukada et al. 2011).

Presumably, Notch ligands on myofibers activate Notch receptors on satellite cells to stimulate contact-dependent signals that maintain quiescence in the absence of injury. The identity of the relevant Notch receptors expressed by satellite cells and Notch ligands expressed by myofibers is not known. Notch3 is likely to be involved, as its germline mutation resulted in perturbation of satellite cell proliferation (Kitamoto and Hanaoka 2010), but the phenotype of these mice was distinct from, and mild relative to, that seen in *Rbpj* conditional mutants or *Hey1/HeyL* double knockouts. Resting satellite cells also express Notch1 and Notch2 (Bjornson et al. 2012; Mourikis et al. 2012), so signaling by multiple Notch receptors may be involved in maintenance of quiescence. Although Notch/RBP-J signaling is clearly a key regulator of satellite cell quiescence, the transcriptional targets that are responsible for the long-term maintenance of this fascinating cellular state are not yet illuminated. Although Hes/Hey factors are proximal downstream components, they are transcriptional regulators themselves, so must be acting to help control a quiescence program. It is worth noting that Notch signaling is also required for satellite cells to occupy their niche in late development and, in its absence, satellite cells remain in the interstitium between fibers (Bröhl et al. 2012). The relationship between this function for Notch signaling and Notch's role in maintenance of quiescence in adult satellite cells is unexplored and of high interest.

Based on its specific expression pattern and localization, M-cadherin (encoded by *Cdh15*)

seems well suited to play a role in fiber-satellite cell communication. However, the germline *Cdh15* mouse mutant displayed little to no phenotype in skeletal muscle development or regeneration (Hollnagel et al. 2002). Satellite cells express additional classical cadherins, which are likely to act redundantly with M-cadherin in satellite cell function. For example, we have observed that satellite cells that lack both N- and M-cadherin were prone to activation in the absence of injury, suggesting cadherins play a role in maintenance of quiescence (AJ Goel and RS Krauss, in prep.). This topic warrants further attention, as does the general subject of adhesive interactions between myofibers and their associated satellite cells.

CONCLUDING REMARKS

Most research on the role of cell junctions and cell–cell contact-dependent signaling in skeletal muscle development has been focused on interactions between myoblasts that promoted differentiation and fusion, or formation of neuromuscular junctions (Krauss 2010; Kim et al. 2015; Tintignac et al. 2015). Recent studies have shown that cell–cell contact between various nonmuscle and muscle cell types is important for several steps of myogenesis and provided mechanistic information on these processes. Commitment of progenitor cells to the skeletal muscle lineage, postnatal growth of fibers by recruitment of myoblasts to sites of fusion, and fiber-type patterning are each regulated in this manner. Therefore, cell–cell contact-dependent signaling is important at most, if not all, steps of myogenesis (Table 1).

Many questions remain. The details of the downstream signaling events triggered by Notch receptors, cadherins, ephrins, and other adhesion receptors in most stages of myogenesis are not well understood. Additionally, it is clear that contact between cells in some of these processes is transient. How long such cells must be in direct contact for successful signaling, how contact is broken, and the molecular nature of the cell junctions that support signaling are all interesting questions. Despite tremendous progress in understanding mechanisms of myoblast

Table 1. Roles of cell–cell contact-dependent mechanisms in various steps of myogenesis

Process in myogenesis	Cell–cell contact-dependent mechanism involved ^a
Lineage commitment	Delta/Notch signaling between neural crest cells and dermomyotomal muscle progenitor cells (+)
Myoblast differentiation	Delta/Notch signaling (–) N-cadherin/Cdon → p38 signaling (+)
Myoblast fusion	Species-specific adhesion receptors (+) Myomaker ^b (+)
Postnatal myofiber growth via promotion of myoblast migration to sites of fusion	Ephrin-A5/Eph signaling between NG2 ⁺ interstitial cells and myoblasts (+)
Fiber-type patterning	Ephrin-A3/Eph8 signaling between slow fibers and Schwann cells at sites of innervation (+)
Maintenance of the quiescent satellite cell niche	Delta/Notch signaling between myofibers and satellite cells (+) Cadherin-based adhesion between myofibers and satellite cells (+)

^aEach mechanism is designated (+) or (–), depending on whether its role is to promote or inhibit the process, respectively.^bMyomaker has not been directly shown to exert its effects via cell–cell contact, but its role as a potential fusogen suggests this may be the case.

fusion, the adhesion receptors required in vertebrate species are not fully identified. The discovery of myomaker was groundbreaking, and studies on whether it is the long elusive fusogen, what its interacting partners are, and how it works are of high interest. Finally, it is somewhat ironic that the stable cell–cell junction present between myofibers and their associated satellite cells resembles well-studied junctions in other tissues, yet is poorly characterized and how it regulates satellite cell biology is largely unknown. Continued study with a variety of model organisms will surely illuminate these questions. Furthermore, the growing emphasis on understanding regenerative myogenesis (which is similar but not identical to developmental myogenesis) and its implications for muscle diseases and aging will bring deserved attention to these fundamental questions.

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