Sexual Conflict and Seminal Fluid Proteins: A Dynamic Landscape of Sexual Interactions

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Sexual reproduction requires coordinated contributions from both sexes to proceed efficiently. However, the reproductive strategies that the sexes adopt often have the potential to give rise to sexual conflict because they can result in divergent, sex-specific costs and benefits. These conflicts can occur at many levels, from molecular to behavioral. Here, we consider sexual conflict mediated through the actions of seminal fluid proteins. These proteins provide many excellent examples in which to trace the operation of sexual conflict from molecules through to behavior. Seminal fluid proteins are made by males and provided to females during mating. As agents that can modulate egg production at several steps, as well as reproductive behavior, sperm “management,” and female feeding, activity, and longevity, the actions of seminal proteins are prime targets for sexual conflict. We review these actions in the context of sexual conflict. We discuss genomic signatures in seminal protein (and related) genes that are consistent with current or previous sexual conflict. Finally, we note promising areas for future study and highlight real-world practical situations that will benefit from understanding the nature of sexual conflicts mediated by seminal proteins.

Both sexes benefit from successful reproduction, but the different reproductive strategies adopted by males and females may result in differential costs and benefits. This can result in sexual conflict before, during, and after mating. Conflict in the more familiar form of competition can also occur between females and between males, with the latter situation including interejaculate competition. Of the many “weapons” in these conflicts and competitions, this article focuses on the seminal fluid proteins

(SFPs) that are made by males and transferred to females during mating. These proteins represent a crucial interface of functional activity between male and female. Transfer of SFPs can affect physiology and, in some animals, the behavior and life span of mated females (reviewed in Chapman 2001; Gillott 2003; Poiani 2006; Avila et al. 2011; Rodríguez-Martínez et al. 2011). Because SFPs have important effects on the most intimate of interactions between the sexes, they are prime candidates to become subject to sex-

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ually antagonistic selection (Arnqvist and Rowe 2005). With increasing knowledge of the functions of SFPs, their roles in inter- and intrasexual conflict and their evolutionary responses to conflict are becoming ever more apparent. Here, we explore the roles, evolution, and significance of these male-derived players in sexual conflict. We refer the reader to previous reviews for much of the detailed functional information on SFPs (e.g., Chapman 2001; Gillott 2003; Kubli 2003; Arnqvist and Rowe 2005; Poiani 2006; Sirot et al. 2009; Avila et al. 2011; Rodríguez-Martínez et al. 2011) and focus here instead on selected examples, drawn largely from the study of insects.

THE BATTLEGROUND

The opportunity for postmating conflict is played out through the behavior and physiology of the mated female and the fate of sperm in the female reproductive tract. After mating has begun, male-derived molecules and sperm interact with female-derived molecules, cells, and tissues both within the female reproductive tract (e.g., Yapici et al. 2008; Hasemeyer et al. 2009; Yang et al. 2009; Dean 2013; Rubinstein and Wolfner 2013; Bromfield et al. 2014) and, in the case of some male-derived molecules, elsewhere in the female (e.g., Lung and Wolfner 1999). These interactions result in changes in female gene expression, behavior, physiology, life span, and morphology (reviewed in Gillott 2003; Poiani 2006; Robertson 2007; Avila et al. 2011). These changes, in turn, affect both male and female reproductive success. As a result, the battleground between males and females over postmating responses occurs in several parts of the female body including the reproductive tract and the nervous system.

The Potential Weapons

The proteins that accompany sperm into the female—once dismissed as simply a supportive medium for sperm—are now known to be potent modulators of female reproductive biology; in some cases, they even have effects on offspring (reviewed in Martan and Shepherd 1976; Chapman 2001; Gillott 2003; Kubli 2003; Poiani

2006; Sirot et al. 2009; Avila et al. 2011; Rodríguez-Martínez et al. 2011; Ratto et al. 2012; Bromfield et al. 2014). Most SFPs are the products of secretory glands in the male reproductive tract; these include the prostate glands, epididymi, and seminal vesicles of mammals (Poiani 2006; Rodríguez-Martínez et al. 2011) and the male accessory glands and ejaculatory ducts/bulb of arthropods (Gillott 2003). These tissues produce, modify, and store secreted proteins that are then transferred to females during mating, along with sperm. For some species there are comprehensive data on SFPs from large-scale transcriptomic and/or proteomic analyses (e.g., Collins et al. 2006; Pilch and Mann 2006; Dottorini et al. 2007; Findlay et al. 2008, 2009; Sirot et al. 2008, 2011; Walters and Harrision 2008, 2010; Baer et al. 2009; Dean et al. 2009; Ramm et al. 2009; Rogers et al. 2009; Claw 2013). In others, only a partial complement of SFPs has been identified so far (e.g., Andrés et al. 2006, 2008; Davies and Chapman 2006; South et al. 2011; Simmons et al. 2013).

In organisms in which SFPs have been globally characterized, an amazing complexity is apparent. First, they are numerous; latest estimates are just more than 200 different SFPs in *Drosophila melanogaster* (Swanson et al. 2001; Ravi Ram and Wolfner 2007; Findlay et al. 2008; Avila et al. 2009); several hundred in mice (Dean et al. 2009) and humans (Pilch and Mann 2006); and between 50 and 100 in honeybees (Baer et al. 2009) and in mosquitoes (Rogers et al. 2009; Sirot et al. 2011). Yet, even these SFP inventories are likely incomplete. Second, the molecular characteristics of SFPs are fascinating. On the one hand, many of the biochemical classes of molecules in seminal fluids are similar across all animals (Mueller et al. 2004; Baer et al. 2009). For example, seminal fluids contain many proteases and protease inhibitors, sugar-binding lectins, cysteine-rich secretory proteins (CRISPs), antimicrobial and antioxidant proteins, and coagulation proteins such as transglutaminases, small peptides, and larger, pro-hormone-like, molecules (Avila et al. 2011). On the other hand, although these conserved types of proteins are observed in the seminal fluid of all animals examined to date, an unusu-

ally high fraction of SFPs show rapid sequence evolution (e.g., Swanson and Vacquier 2002; Clark and Swanson 2005; Mueller et al. 2005; Clark et al. 2006; Haerty et al. 2007; Walters et al. 2010). SFPs of the same classes in different species are often not orthologous. For example, although the seminal fluid of two mosquito species and of *D. melanogaster* contains trypsin-class proteases that are predicted to have biochemically similar activities, those proteins are not orthologs (Findlay et al. 2008; Mancini et al. 2011; Sirot et al. 2011). Moreover, there is much redundancy in the types of protein present in the seminal fluid. For example, there are more than 15 trypsin-class proteases in *D. melanogaster* seminal fluid, and multiple serine proteases in mammalian seminal fluid (see LaFlamme and Wolfner 2012 for review). Although each SFP may have particular target proteins, it seems likely that different SFPs can also compensate for one another. These latter

features (rapid evolution and nonorthology, as well as the frequent presence of redundancy) require explanation. One possibility is that this evolutionary exuberance is caused by coevolutionary arms races between SFPs in males and their receptors in females driven by sexual conflict. The evidence for this hypothesis is discussed in a section further below (see Does Sexual Conflict Shape SFP Evolution?).

Another likely contributor to complexity is that multiple seminal proteins could be needed to accomplish a single functional goal. For example, a network of at least eight *Drosophila* SFPs is required to bind a ninth SFP (the sex peptide, SP) to sperm. This binding to sperm prolongs the phenotypic effect of SP in females (Peng et al. 2005; Ravi Ram et al. 2009; Findlay et al. 2014). In another example from *Drosophila*, at least two SFPs (ovulin and Acp36DE) are proteolytically processed once inside the female (Fig. 1), and ectopic expression studies of

Figure 1. The molecular cascade that governs the cleavage of the seminal protein ovulin. Biochemical studies show that ovulin cleavage requires activation of a male metalloprotease during transit through the male during mating (Park and Wolfner 1995; Ravi Ram et al. 2006; LaFlamme et al. 2012, 2014). Ovulin and the two proteases that are needed to cleave it (seminase and the metalloprotease CG11864) are all made in the male's accessory gland but are stored uncleaved in this tissue. During transit through the male, the metalloprotease is activated by cleavage that is initiated by the serine protease "seminase." Although this metalloprotease is essential for ovulin cleavage within mated females, even after being activated, it does not cleave ovulin until all the proteins have entered females. (Western blot panels from Ravi Ram et al. 2006; reprinted, with permission, from the authors.)

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ovulin suggest that the processing generates a more active portion of ovulin (Heifetz et al. 2005). The proteolytic processing only occurs once the proteins are within the female, and is mediated by at least two seminal proteases. These proteases are made in the same tissue as their targets (i.e., the male accessory glands) and are kept inactive during storage. They are activated through sequential proteolysis as they and their targets move through the male and into and through the female reproductive tract (Park and Wolfner 1995; Heifetz et al. 2005; Ravi Ram et al. 2006; LaFlamme et al. 2012, 2014). A proteolytic cascade involving multiple seminal proteins is also observed in mammals: Liquefaction of the seminal clot, a process that is thought to facilitate sperm movement, is regulated by a cascade of multiple seminal proteases and protease inhibitors (Pampalakis and Sotiropoulou 2007). Evolutionary pressures derived from sexual conflict could affect various members of the multiple proteins that regulate a specific effect on females, so interpreting data on the evolutionary dynamics of any one molecule is complex.

A further reason for complexity of SFPs is that different members of a given biochemical family could potentially be co-opted in different lineages to carry out a particular function. This might reflect pressures to overcome female resistance to more ancestral versions of SFPs. In this sense, the apparent complexity of seminal fluid may reflect previous conflicts. Finally, an aspect of the complexity of the action of SFPs is that they can, and often do, involve obligate participation of female molecules. Three examples, from *Drosophila*, are that (1) ovulin processing cannot be completed without female contributions (Park and Wolfner 1995; Heifetz et al. 2005; Ravi Ram et al. 2006; LaFlamme et al. 2012, 2014); (2) the effects of a sperm-bound seminal protein (sex peptide [SP]) require at least four female-expressed genes (Yapici et al. 2008; Findlay et al. 2014); and (3) SFPs such as ovulin act by turning up (or on) physiological pathways within females (Rubinstein and Wolfner 2013). That certain SFPs interact in molecular pathways with female proteins may constrain the evolution of those SFPs. Moreover, the existence of such con-

straints could open the door for other SFPs to evolve to target the pathway in other ways but with the same overall effect on the female.

It is also important to note that there are other, nonproteinaceous molecules in seminal fluid that could be players in postmating sexual conflict (e.g., steroid hormones [Baldini et al. 2013], juvenile hormone in insects [Borovsky et al. 1994; Clifton et al. 2014], prostaglandins [Destephano et al. 1974; Loher et al. 1981; Robertson 2007], vesicles [Leiblech et al. 2012; Aalberts et al. 2013], and noncoding RNAs such as miRNAs [e.g., Li et al. 2012]). Much less is known about the evolution, identity, and function of these other molecules in comparison to SFPs, but their study promises a fruitful avenue for future research. It is possible that, in some species, these molecules play roles performed by SFPs in other species. It is tempting to speculate that such a situation might, in part, contribute to interspecific differences in the SFP composition and complexity.

DO SFPs CONTRIBUTE TO POSTMATING SEXUAL CONFLICT?

SFPs may serve as biochemical and physiological agents that manipulate female behavior and physiology in ways that benefit males. Yet, females may also be taking advantage of SFPs as reliable cues for initiating physiological reproductive processes to coordinate with the receipt of sperm (Chapman 2001; Ratto et al. 2012; Baldini et al. 2013). Below, we present the processes over which postmating conflict is predicted to occur and the evidence for roles of SFPs in each; these ideas are summarized in Table 1.

Remating

Females of many insect species show dramatic changes in postmating behavior (reviewed in Gillott 2003; Sirot et al. 2009; Avila et al. 2011). In some species, mated females do not remate, or they remate at very low levels. These changes in female mating propensity could be advantageous to both sexes by reducing the risk of further sperm competition to males and reducing the costs of mating to females. However,

Table 1. Summary of potential conflicts mediated by SFPs

Trait over which there is potential conflict	Nature of the potential conflict	Types of SFPs that are potentially responsible for the conflict
Remating	Conflict over remating may occur between a female and her previous mates and between a mated female and courting males. Remating may benefit the female but at a cost to her previous mates because there are potential benefits for females of topping up or receiving better-quality, fresh sperm. These benefits may be at odds with the interests of males whose sperm are already in storage. There are also potential conflicts arising from the deleterious effects of male–male sperm competition. Yet, extensive remating could be costly to a female but beneficial to the males attempting to mate with her.	Those that modulate female receptivity, attractiveness, activity levels, pheromone production, and emission
Sperm transfer, storage, retention, usage	Conflict may arise over how many sperm are transferred during mating, stored by the female, and released for fertilization. The interests of the sexes over the efficiency of individual sperm usage should be aligned. However, sperm usage may become inefficient as a result of elevated rates of egg production, over which there is separate potential conflict, see below.	Those that mediate sperm transfer, sperm storage, sperm competition, the musculature of the female reproductive tract, including the sperm storage organs
Egg production, ovulation, egg provisioning, oviposition	Males may often gain from elevating current egg-production or egg-provisioning rates more than is the case for females. Females may trade off current versus future investment and gain from a longer-term strategy. Males, on the other hand, may gain from increased current investment by the female, despite any future costs. Any divergence over the rate of ovulation may negatively impact the efficiency of fertilization, as noted above.	Those that mediate ovulation, release of reproductive hormones, egg production, and provisioning
Food intake	Females may need to increase or change their nutrient intake to support increased reproductive rate. This will be favored in an open-ended way by males, who may have little interest in any future costs that the female might incur. However, increased nutrient trafficking decreases female life span, thus representing potential sexual conflict in terms of a female's future reproductive capacity.	Those that mediate feeding behavior and nutrient balancing
Activity	The female's sleep/wake cycles can be altered by SFPs and could impact energy usage. Increased activity and reduced siesta sleep in females (e.g., in <i>Drosophila</i>) could incur long-term costs for females but not males, reflecting a potential conflict.	Those that mediate activity patterns and circadian rhythms
Immune activation	Striking changes to the immune system occur during reproduction, the significance of which is not yet globally clear. However, there is potential for conflict if there is a suboptimal under- or overexpression of immunity in the female, with immune activity traded off against future reproductive capacity.	SFPs that have antimicrobial activity or that cause the expression of immune genes in females
Life span	SFPs that reduce female life span can be selected because any cost is incurred in the future. Therefore, the effect of such costs is felt unequally by males and females.	SFPs that either directly or indirectly exert costs leading to reduced female life span

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females may also experience costs from not remating, as this may prevent the acquisition from future mates of any direct (e.g., food or other resources) or indirect benefits (e.g., “better,” more compatible, or diverse alleles for offspring). Furthermore, conflict over remating can also occur when males attempt to mate with previously mated females. Males that court and attempt to mate with unreceptive, recently mated females may experience the costs of courtship without the benefit of offspring production. Additional costs can also arise; for example, *D. melanogaster* males that are rejected when they attempt to mate with previously mated females are less likely to court the females that they subsequently encounter and regardless of whether those new females have mated (Siegel and Hall 1979).

SFPs influence female remating in a manner consistent with sexual conflict. In several insect species, receipt of SFPs decreases the probability of female remating (reviewed in Gillott 2003; Sirot et al. 2009; Avila et al. 2011). Initial decreases in remating may not involve SFPs and can result from processes such as transfer of cuticular pheromones (e.g., in *Drosophila* [Zawistowski and Richmond 1986]) or from physical mate guarding. Longer-term changes in female receptivity across a wide range of insects, however, derive from the actions of SFPs (reviewed in Gillott 2003; Arnqvist and Rowe 2005; Avila et al. 2011). In species that form mating plugs, specific mating plug proteins (e.g., PEB2 in *Drosophila*) can increase latency to remating in females (Bretman et al. 2010). In all cases in which SFPs influence female remating, they appear to decrease the probability or frequency of remating. Thus far, little is known about the role of female-derived molecules. One exception, however, is the sex peptide receptor (SPR) of *D. melanogaster* (Yapici et al. 2008). SPR is a G-protein-coupled receptor, and its activity in a set of reproductive tract neurons in the female is necessary for sex peptide (SP), a 36-amino-acid peptide with diverse phenotypic effects (Chen et al. 1988; Kubli 2003), to suppress receptivity through activation of SPR (Hasemeyer et al. 2009; Yang et al. 2009). The ortholog of SPR in *Helicoverpa armigera* is

also essential for female postmating responses such as pheromone production (Fan et al. 1999; Hanin et al. 2012). Recent studies suggest that there may be additional receptors for SP, and that SPR may facilitate access of SP to the nervous system (Ja et al. 2009; Haussmann et al. 2013). Additional female-encoded molecules have been identified that are also essential for SP effects (including on receptivity [Findlay et al. 2014]). Furthermore, recent evidence from *Drosophila* suggests that there are female reproductive proteins that promote rapid remating (Sirot et al. 2014). This finding is consistent with the hypothesis that females are in conflict with their mates over the frequency of remating.

Sperm Transfer, Storage, Retention, and Usage

Females of all internally fertilizing animals store the sperm that they receive during mating (Neubaum and Wolfner 1999), for days (e.g., most mammals), weeks (e.g., *Drosophila* [Neubaum and Wolfner 1999]; some birds [Sasanami et al. 2013]), or even years (e.g., some Hymenoptera and reptiles [Gist and Congdon 1998]). Sperm are stored in females in specialized organs (e.g., spermathecae, seminal receptacles in insects [Neubaum and Wolfner 1999]) or in special regions of the reproductive tract (e.g., isthmus in mammals [Suarez 2008]) and their release must be coordinated with the opportunity to encounter eggs. Storage of sperm is potentially advantageous to both sexes by allowing for extended progeny production after mating. However, it also provides the opportunity for conflicts, such as those resulting from cryptic female choice and sperm competition. Moreover, there could be sexual conflict over which sex controls the rate of sperm release. For example, it might be beneficial for the female to replace older sperm with newer, fresher sperm or sperm from a better quality male (e.g., Lüpold et al. 2013). This would be at odds with the male's interest in maintaining his own sperm in storage so they can be used for fertilization. It might also be advantageous to the female to modulate the rate of sperm release to coordinate with the timing of egg production, whereas it

might benefit the male to have his sperm used in fertilizations as quickly as possible.

SFPs play important roles in the transit of sperm into storage. For example, transglutaminases—the cross-linking enzymes in the seminal fluid of mice (Dean 2013) and anopheline mosquitoes (Rogers et al. 2009)—are necessary for the coagulation of seminal fluids and the consequent efficient movement of sperm to storage sites. An SFP in *D. melanogaster* (Acp36DE) is necessary to regulate the uterine contractions that move sperm into storage (Avila and Wolfner 2009). SFPs in bovine seminal plasma bind to sperm (Gwathmey et al. 2006) and to annexins (Ignotz et al. 2007) on the oviductal epithelium. This binding allows sperm to be stored in the cows' sperm reservoirs. SFPs also are important in regulating the release of sperm from storage for fertilization. In *Drosophila*, the lectin Acp29AB is required for maintenance of sperm in the female's storage organs (Wong et al. 2008), and SP is required for efficient rate of release of sperm from storage in mated females (Avila et al. 2010). Furthermore, several other SFPs are necessary to transport SP to the necessary location to exert its effects. In cows, SFP-mediated release of sperm from storage allows the sperm to move to the fertilization site (Hung and Suarez 2010). During the process of sperm storage, SFPs have the potential to directly affect the sperm of a female's previous mates. In vitro studies in Hymenoptera (den Boer et al. 2010) and Diptera (Holman and Snook 2008) show that incubating sperm in SFPs affects their viability. In Hymenoptera, SFPs from one male can decrease the viability of rival males' sperm and thus the ability of those sperm to successfully fertilize eggs (den Boer et al. 2010). In sum, SFPs affect the ability of a male's sperm to survive and travel to the appropriate storage sites to be stored, retained, and released for fertilization (Xue and Noll 2000). They can also negatively impact the survival or success of competitor sperm in the female. In this capacity, SFPs can play important roles in sexual conflict over sperm use patterns (also see work by Edward et al. 2014).

A female may also benefit by influencing sperm use patterns (Eberhard 1996). This phenomenon may be mediated by female-derived

molecules. Hymenopteran female spermathecal secretions can act to diminish male–male conflicts by countering the negative viability effect of seminal fluid on the sperm of different males (den Boer et al. 2009). This pattern could be consistent with an intense “conflict phase” between the males followed by a subsequent dampening down of conflict in order for the female to retain viable sperm for a long time, hence prolonging progeny production over an extended period. In addition, several lines of evidence suggest that females play a physically active role in influencing sperm use patterns. For example, genetic evidence and allelic correlations to sperm competition outcomes indicate that in *D. melanogaster*, a functioning female nervous system is necessary for proper sperm storage or to influence the outcome of sperm competition (Arthur et al. 1998; Chow et al. 2013). In another example, sperm storage is compromised in dead or anesthetized *Tribolium castaneum* females, again suggesting an active role for the female in sperm management (Bloch Qazi et al. 1998).

Egg Production

The reproductive success of both sexes depends largely on the quantity and quality of fertilized eggs. The female has to make eggs that are provisioned for future embryonic development, release them from the ovaries (ovulation), and move them through the reproductive tract to the correct location for further development (either inside or outside of the female, depending on the species). We consider these events together as the “egg-production process” (see Heifetz et al. 2000). In species with little or no oogenesis, ovulation or (if appropriate) egg laying before mating, egg production must increase after mating.

Increased egg production should benefit both female and male if more progeny are produced. In an additional benefit to the female, by coupling her level of egg production to mating, she does not “waste” resources making eggs when she lacks sperm to fertilize them. Once she has mated, however, it pays to increase egg production (all steps) because those eggs can be

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fertilized. Yet, even these apparently mutually beneficial changes may engender potential conflicts: Mating may induce a higher short-term level of egg production in the female than that which maximizes her lifetime reproductive success. Females risk trading off resources that they might otherwise have used for defense against pathogens or for other survival traits. Furthermore, in species that lay eggs, oviposition can be costly to females in terms of time allocation, energy expenditure, and exposure to predators and parasites. Thus, the optimal rate of egg production is a source of sexual conflict.

Ovulation frequency is perhaps a less obvious arena than overall egg production for sexual conflict (particularly in mammals without induced ovulation, in which ovulation does not increase after mating). Ovulation could, however, be a source of sexual conflict in insects (and potentially in mammals who are induced ovulators; e.g., camelids [Adams and Ratto 2013]). For example, in *Drosophila*, the buildup of many mature (but unovulated) oocytes in the ovaries of unmated females feeds back to arrest oogenesis (Chapman et al. 2001; Drummond-Barbosa and Spradling 2001). So, males could benefit by increasing ovulation rates, thereby relieving this feedback inhibition and thus accelerating the increase in oogenesis. The resulting increased egg production can exert a physiological cost on females and thus, as noted above, represents a source of sexual conflict.

In insects, SFPs influence the egg-production process, at several stages (reviewed in Gilloft 2003; Arnqvist and Rowe 2005; Avila et al. 2011). For example, *D. melanogaster* SP increases the number of eggs made, consistent with its effects in raising juvenile hormone titers (Moshitzky et al. 1996), and also through effects on specific neurons that innervate the reproductive tract (Hasemeyer et al. 2009; Yang et al. 2009). *D. melanogaster* SP can also increase egg production in the moth *H. armigera* on injection (Fan et al. 2000), and knockdown of the *H. armigera* ortholog of the sex peptide receptor blocks postmating increases in egg production (Hanin et al. 2012). In *D. melanogaster*, an SFP has been identified (ovulin) that increases ovulation rate specifically (Herndon

and Wolfner 1995; Heifetz et al. 2000). Increased ovulation triggered by SFPs is not, however, restricted to insects. For example, although many mammals are spontaneous ovulators (i.e., independent of mating or SFPs), camelid ovulation is induced by the nerve growth factor in seminal fluid (Kershaw et al. 2012; Ratto et al. 2012), analogous in outline to the situation found in *Drosophila*. Therefore, through their effects on egg production and release, SFPs may mediate conflict over these steps in the egg-production process.

Recent evidence from dipteran insects has provided insights into how seminal fluid molecules interact with female molecules to influence specific steps in egg production. For example, *D. melanogaster* ovulin stimulates ovulation by increasing the amount or activity of a female-derived neuromodulator (octopamine) that modulates muscle contractions that accompany ovulation (Rubinstein and Wolfner 2013). In the mosquito, *Anopheles gambiae*, a seminal fluid derived hormone induces increased production of a female reproductive tract protein that is necessary for mating-induced changes in egg development (Baldini et al. 2013). Such molecular interactions between male- and female-derived molecules provide opportunities for both partners to adjust egg-production rate toward their own optima and, therefore, create an opportunity for sexually antagonistic coevolution.

Food Intake and Processing

The nutritional needs of females change once they are reproductively active. For example, in arthropods, the increased production of eggs requires increased food resources to provide and sustain energy. In mammals, the physiological demands of pregnancy also impact the amount of food needed by the female. Consistent with the idea that increased egg production requires additional resources, mating can alter food preferences in arthropods. Mated *D. melanogaster* females eat more protein (Ribeiro and Dickson 2010), mated *Aedes aegypti* mosquito females take larger blood meals (Houseman and Downe 1986), and a male-derived factor stimulates blood feeding and engorgement in ticks

(Weiss and Kaufman 2004; Donohue et al. 2009).

Conflicts may occur in this arena as well. For example, it could be beneficial to the male to increase food consumption by his mate if it allowed her to produce more eggs and hence more progeny. But increased food consumption is associated with a decrease in longevity (in flies, nematodes, and mice [Chapman and Partridge 1996; Partridge and Gems 2002; Gems and Partridge 2013]) and thus may be costly to the female. In addition, the increased time spent eating, or finding different food sources, can potentially expose females to predation and pathogens, providing additional potential sources of conflict.

The role of SFPs in feeding related processes is clear in some insects. For example, receipt of SP increases the amount of food consumed by *D. melanogaster* females (Ribeiro and Dickson 2010) and changes the female's food preferences. SP also affects the rate of intestinal transit, with mated *D. melanogaster* females having slower intestinal transit than virgins, producing more concentrated excreta, presumably because they have absorbed more water (and nutrients) from their food (Cognigni et al. 2011; Apger-McGlaughon and Wolfner 2013). In contrast, mated female *Ae. aegypti* mosquitoes digest their blood meals more rapidly than virgins, an effect that has also been attributed to SFPs (Downe 1975).

Activity Level

Mated *D. melanogaster* females sleep less and move around more than do unmated females (Isaac et al. 2010). This postmating response, dependent on SP, also could result in conflict. The additional movement could be detrimental for females by decreasing their regenerative sleep time, taking energy that could be used for somatic maintenance or to produce eggs, and potentially exposing them to predation. In the tephritid fruit fly (*Ceratitis capitata*), mating (or injection with seminal fluids) changes the attraction of females from a preference for male odors to a preference for fruit used for oviposition (Jang 1995). Similarly, in the mosquito

Ae. aegypti, mated females are less likely than unmated females to fly toward a host. Injections of male accessory glands into unmated females decrease their response to host cues, suggesting this change is mediated, in part, by seminal fluid molecules (Fernandez and Klowden 1995). Consistent with this hypothesis, male *Ae. aegypti* transfer an SFP that can change host-seeking behavior when applied topically to females (Naccarati et al. 2012).

Immune Activation

Mating causes changes in immune capacity in a number of animals, although the ultimate reasons are as yet poorly understood. Immune changes could protect the female from microbes introduced during mating, could reflect trade-offs occasioned by the need to produce eggs (insects), or could lessen the probability of rejecting the fetus (mammals). These changes provide another arena for conflict; whatever benefits changes in immunity might have for male (or female) fertility might be accompanied by negative effects on the female's immune capacity or by trade-offs with other physiological processes. For example, a *Drosophila* female's immunity to systemic infection drops after mating (Fedorka et al. 2007; Short and Lazzaro 2010; but see also Zhong et al. 2013) and up-regulation of female immunity has been proposed to generate a hostile environment for sperm. That seminal fluid plays a role in mating related immunity is known in *Drosophila*, mice, and humans (Robertson et al. 2009; Guerin et al. 2009, 2011; Sharkey et al. 2012; Short et al. 2012), and seminal fluid of all animals tested to date includes predicted antimicrobial compounds (e.g., see Poiani 2006; Avila et al. 2011). The effect of SFPs on immunity is complex, at least in *Drosophila*. Although numerous studies have indicated that mating, and SFPs in particular, induce an increase in expression of antimicrobial peptide (AMP) genes, or in AMP production, mated female *Drosophila* show an SFP-induced decrease in systemic immunity after mating (Short et al. 2012). It is possible that there are tissue-specific differences in immune response to mating—perhaps the AMPs protect

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the reproductive tract at the expense of systemic immunity.

Life Span

Reductions in life span associated with elevated reproduction are common in both sexes, but the nature of those costs often differs substantially between males and females. Sexual conflict can occur because adaptations that increase the reproductive success of males can be selected even if they also cause decreased life span in females, and vice versa. Females are expected to, and indeed do, have the capacity to evolve to ameliorate these costs. This leads to adaptation and counter adaptation (i.e., sexually antagonistic coevolution).

Laboratory experimental evolution in *D. melanogaster* provides some support for the idea that sexual conflict can be manipulated experimentally, over evolutionary time, with predictable outcomes for life span. For example, the level of sexual conflict can be manipulated in the laboratory by altering sex ratios. A high ratio of males to females is expected to increase the opportunity for sexual conflict over the optimum value of reproductive traits such as the frequency of mating in this species. In populations of *D. melanogaster* evolving under conditions with elevated potential for sexual conflict (arising from increased mating frequency), females evolved to live longer in the presence of males (Wigby and Chapman 2004). This suggests that females evolved resistance to the harmful (i.e., life-span-shortening) effects of elevated mating frequency. The evidence that females can evolve to minimize male-imposed costs suggests the strong potential for sexual conflict, in particular over optimum female life span. In terms of corresponding male adaptations, there are conflicting reports, with either no differences in male-induced harm (Wigby and Chapman 2004) or reduced harm under low-conflict conditions (Nandy et al. 2013). Experiments in which selection is limited to males, which predict the evolution of male benefit phenotypes, have also given various results. Rice (1998) reported the evolution of increased male harm under male limited selection, where-

as Jiang et al. (2011) found no changes, using the same approach and source population. However, to date no study has explicitly examined the effects of SFPs on the evolution of male harm (or female resistance). That such effects might be mediated by SFPs is suggested by the finding that experimental evolution under altered adult sex ratios (and hence opportunities for sexual conflict) can result in divergent ejaculate allocation strategies (Linklater et al. 2007).

SFPs are thought to be involved in the conflict between adaptations that increase male reproductive success and decrease female life span because receipt of high levels of SFPs can be costly to females, causing a decrease in female longevity and reproductive success (Chapman et al. 1995). The shortening of female life span in response to SFPs could be a side effect of SFP function (e.g., of increased male per mating fitness or a direct “toxic” effect that is selected to reduce the likelihood of female remating and/or to increase current investment in reproduction (Johnstone and Keller 2000; Lessells 2005). Support for the “side effect” idea comes from data that some SFP-mediated fitness traits are directly linked to reductions in female life span. Such a relationship is observed between increased male sperm defense (success of a first mating male after subsequent matings) and early female mortality in *D. melanogaster* (Civetta and Clark 2000). Furthermore, SFPs with identified or predicted reproductive functions that benefit males are implicated in causing female mating costs in *Drosophila* (SP [Wigby and Chapman 2005]) or have been suggested to play such a role (e.g., SP, CG8137, and CG10433 [Mueller et al. 2007]; Acp62F [Lung et al. 2002; Civetta et al. 2005]). However, the situation may be complex, as a recent study in *D. melanogaster* found no evidence that elevation of sexual conflict, via increased male to female sex ratio, affected the frequency of a null allele of Acp62F (Wong and Rundle 2013).

Evidence for the idea that SFPs are directly selected to be “toxic” is difficult to gather unambiguously, as the toxic effect must be linked to some male benefit (otherwise it would not be selected). One possible line of evidence for a direct toxic effect of SFPs would be if the toxic-

ity occurred via a different pathway from the effect of the SFP on male reproductive success. To our knowledge, however, there is little evidence for this possibility. Although the toxicity of ectopic expression of SFPs (e.g., Lung et al. 2002; Mueller et al. 2007) could represent such evidence, it must be noted that the ectopic expression was at very high levels in those experiments. Studies are needed in which potential toxicity of these SFPs is measured in situations in which their ectopic expression is at levels closer to those delivered during mating.

It should also not be ruled out that longevity “costs” may be lower than first perceived if there are beneficial effects of SFPs on females earlier in their lives. Although no such benefits have yet clearly been identified (e.g., Brommer et al. 2012), costs to females could be lowered if SFPs caused early life egg production to increase, minimizing the fitness effect of life span reduction (Edward et al. 2011). Males may also suffer longevity costs from ongoing SFP-related sexual conflict. For example, if females evolve decreased sensitivity to SFPs, selection may act on males for increased SFP production, which, in turn, could result in decreased male life span. So far, this prediction has not been tested. The finding that males that invest in longer matings throughout their lives can suffer reduced life span and late life mating capacity (Bretman et al. 2013) suggests that such effects could occur.

DOES SEXUAL CONFLICT SHAPE SFP EVOLUTION?

Sexual conflict can occur in two modes—intra- and interlocus; these terms define whether the conflict occurs between the same or different loci, respectively. Sexual conflict mediated by SFPs is likely to be exclusively in the interlocus mode, because SFPs generally interact with non-SFP proteins encoded by different loci (including female-encoded proteins) to influence the outcome of male–female encounters (e.g., timing or amount of remating or egg production). If SFPs participate in ongoing sexual conflicts described above (see the section Do SFPs Contribute to Postmating Sexual Conflict?), then the genes that encode them should show

evidence of sexually antagonistic selection. This evidence could include changes in sequence or expression level between the interacting loci. These changes, in turn, could result in modifications in seminal fluid composition over time (Perry et al. 2013).

Molecular Signatures of Conflict

A general prediction (Parker 1979) is that sexual conflict can, under some conditions, lead to continual evolutionary chases between the adaptations in one sex and the counteradaptations in the other (Tregenza et al. 2006). Such chases can result in coevolution between the genes in males and females that encode these adaptations and counteradaptations. This coevolution could involve changes in protein sequence or in expression level of genes subject to sexual conflict. Theory predicts that this type of coevolution between males and females can lead to diversification in the sequences of the interacting loci involved. If this diversification occurs in reproductive genes in individuals from different populations of the same species, it can facilitate reproductive isolation between populations, and ultimately speciation, owing to breakdown in reproductive processes. Dynamic change in expression levels could also result in rapid diversification between different populations if it promoted regulatory incompatibilities between the reproductive genes of individuals from different populations. However, this possibility has not yet been considered in any detail.

Theory since Parker’s original formulation (Parker 1979), from simple to multilocus models, quantitative to explicit genetics, predicts that sexual conflict can lead to five different types of dynamic outcomes between interacting loci in males and females (Parker 1979; Frank 2000; Rowe et al. 2003, 2005; Gavrilets and Hayashi 2005; Hayashi et al. 2007). These outcomes are continuous evolutionary chases, cyclic coevolution, evolution toward an equilibrium, differentiation in female traits, and differentiation in male and female traits (Fig. 2). In addition, females could vary in their sensitivity to SFPs (or in their activation threshold to SFPs). Theory predicts that when this occurs female

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Figure 2. The simplified dynamic outcomes of sexual conflict between SFPs and their receptors in females, based on data adapted from the predictions of Parker (1979) and Hayashi et al. (2007). In this case, sexually antagonistic coevolution is occurring between different loci in males and females, each with two alleles. The frequency of the initial most frequent allele for each of the loci in males (blue) versus females (red) is shown. (A) A continuous coevolutionary chase, in which the frequency of the female allele tracks that of the male, with no underlying pattern, through time. (B) Cyclic coevolution, in which the female allele frequency tracks that of the male, with the coevolution having a cyclical pattern through time. (C) Evolution toward an equilibrium, in which the frequency of the female allele tracks that of the male toward a stable invariant frequency. (D) Differentiation in female, but not male allele frequency (an example of Buridan's ass). Here, the frequency of the major male allele continues to fluctuate through time, but that of the female, though initially tracking that of the male, diverges and in this case significantly decreases in frequency. Therefore, the coevolution has led to divergence in the frequencies of the two female alleles. (E) Differentiation in male and female allele frequencies. The frequency of the major male and female alleles initially show coevolutionary fluctuations; however, over time there is divergence in the frequency of both male and female alleles, with, in this case, the initial major allele in males becoming more frequent and that of the female becoming less so. Therefore, the initial coevolution has led to divergence in the frequencies of the two male and the two female alleles.

traits can evolve to “ignore” male adaptations to sexual conflict (Rowe et al. 2005). For example, females might become completely resistant to a male SFP that induces high levels of egg production. Expression level variation could mediate this type of regulatory change (e.g., through down-regulation of a female receptor).

To date, four kinds of evidence for signatures of sexual conflict have been described.

(i) Rapid Evolution, in Sequence or Regulation, in Some SFP Loci and Their Receptors in Females

Sexual conflict involving SFPs is expected to result in selection for male molecules with increasingly “manipulative” (male benefit/female detriment) functions, and for female SFP receptors

to become more resistant to the effects of such SFPs (Rice 1996; Pitnick et al. 2001). We would therefore expect rapid sequence and/or expression changes in these molecules. There is substantial evidence for rapid SFP evolution, both at the sequence level and with respect to seminal fluid composition. Sequence-based studies in a wide range of species, including insects (e.g., Aguadé et al. 1992; Swanson et al. 2001; Begun et al. 2000) and mammals (Ramm et al. 2008, 2009; Karn et al. 2008), have identified SFP loci that diverge rapidly between species and/or whose patterns of sequence evolution are indicative of positive selection. Furthermore, in lineages for which genome-wide evolutionary comparisons have been performed, SFPs are typically found to evolve more rapidly, on average, than

other functional classes of protein (e.g., Clark and Swanson 2005; Haerty et al. 2007; Dean et al. 2009; Findlay and Swanson 2010; Wong 2010). Similarly, SF composition appears to change particularly rapidly in a number of species. For example, many genes encoding known SFPs in *D. melanogaster* are undetectable in other members of the genus (Mueller et al. 2005; Wagstaff and Begun 2005; Haerty et al. 2007), and novel species-specific SFP genes have been described in *Drosophila* (Wagstaff and Begun 2007; Findlay et al. 2008, 2009; Almeida and Desalle 2009). Systematic characterization of seminal fluid composition in other groups of animals (e.g., mammals) will help to determine the generality of this trend.

It is worth noting that, along with sequence level changes, there can also be significant variation in the expression level of SFP loci and of SFP receptors within and between populations (Smith et al. 2009; Ayroles et al. 2011). Studies of this type of variation in the context of sexual conflict have not yet been reported. The extent to which expression level variation occurs in genes encoding female proteins that interact with SFPs is of significant interest. It could, for example, represent some of the “missing” variation that is evident in comparisons between the rapid evolution of male-expressed SFPs versus the typically lower levels of sequence variation seen within the female-expressed loci with which SFPs potentially interact (e.g., Swanson et al. 2004; Prokupek et al. 2009). Females might respond to new SFP sequence variants by changing the expression level or sensitivity of existing receptors and interacting molecules. This could subsequently select for ever-newer SFP sequence variants in the male, or “improved” versions of old SFPs. We suggest that further work into the extent and significance of expression level variation in genes encoding SFPs and the female proteins with which they interact will prove very informative.

(ii) Correlations between Rates of SFP Evolution and Mating Systems

If the intensity of sexual conflict or sexual selection is responsible for driving the rapid evolu-

tion of SFP loci, this would predict a correlation between measures of the intensity of postcopulatory selection (such as mating system) and rate of SFP evolution. Mating system can be a good proxy for tests of such correlations because the intensity of postcopulatory sexual selection is generally expected to increase with female promiscuity. A number of studies have sought to test these ideas, and specifically, the hypothesis that rates of SFP sequence evolution should correlate with measures of female promiscuity and/or sperm competition risk. The results of these studies are, however, mixed. Some SFP genes show clearly elevated rates of amino acid substitution in species in which females mate with many males (polyandry); however, many SFP loci do not show this pattern (reviewed in Wong 2011; see also Claw 2013; Schumacher et al. 2014). The reason for this inconsistency could be that the strength of selection may not be consistent for the same SFP across multiple species, perhaps because different signals and pathways may operate in different lineages. This would obscure correlations between mating system and SFP evolution in studies that focus on a few or single loci. This problem could be avoided if the average rates of evolution for multiple SFPs in monandrous versus polyandrous species were compared. Such analyses should include investigations of sequence variation across different members of the same biochemical gene family. This can reveal whether different family members are co-opted for similar functions in different species. Studies using these approaches and including multigene comparisons report a higher average rate of evolution for testis-biased or testis-specific genes in chimpanzees (in which sperm competition is more intense) in comparison to humans (Wong 2010; see Turner and Hoekstra 2008 for a similar comparison in rodents).

(iii) Coevolution between the Genes Encoding Interacting Male and Female Proteins

In addition to affecting the rate of sequence evolution of SFPs, sexual conflict is expected to result in the coevolution of SFPs and recep-

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tors in females. This process can be characterized by successive waves of directional selection or fluctuating selection, leading to continual evolutionary chases (Fig. 2). In the simplest scenario, in which sexual conflict is mediated by interactions between a single SFP and a single female receptor, it is expected that these two molecules should coevolve over time. Such signatures should, in theory, be detectable, given knowledge of pairs of loci in males and females that are subject to sexually antagonistic selection, and robust methods for identifying coevolution (Clark and Aquadro 2010; Findlay et al. 2014). Unfortunately, it has been difficult to test this prediction, because female receptors have been identified for only a very few SFPs (Yapici et al. 2008; Haussmann et al. 2013). In addition, there is a lack of population genomic studies targeted at detecting potentially divergent evolutionary trajectories between different populations of the same species.

Even when a receptor has been identified, detecting coevolution is not straightforward. For example, SPR, the *D. melanogaster* SP receptor, has nonreproductive ligands in addition to SP (the myoinhibitory peptides, MIPs [Kim et al. 2010; Poels et al. 2010; Vandersmissen et al. 2013]). This may constrain its ability to coevolve with SP potentially independent of whether it is subject to sexual conflict. Another confounding situation would occur if the receptor and ligand interact through molecular features that are not directly reflected in the primary amino acid sequence of either protein. For example, in cows, annexins in the oviducts interact with BSP seminal proteins to mediate sperm storage—but this molecular interaction involves the annexins binding to sugar (fucose) modifications on the BSPs—modifications that are added posttranslationally (Ignatz et al. 2007). Although it has not yet been possible to test the hypothesis of coevolution with SFPs and their receptors, some ideas of what might be found come from results on coevolving egg (vitelline envelope) and sperm ligand/receptor pairs in abalone (VERL and lysin, respectively [Clark et al. 2009]). VERL and lysin are in linkage disequilibrium, even though their loci are not physically linked. They also show evi-

dence for coevolution at the intrapopulation and between-species levels (Clark et al. 2009), including correlated rates of amino acid substitution.

Sexually antagonistic interactions are, however, unlikely to be limited to the simple scenario above, in which the interaction is only between one SFP and its female receptor. For example, sexual conflict could be mediated by SFPs that do not have a receptor, as in coevolution between SFPs that coagulate to form a mating plug and the female proteases that degrade the plug. Conflicts could also be mediated through interactions between SFPs and female morphology or behavioral traits. This type of conflict could be evident, for example, in coevolution between mating plug-forming SFPs and female plug removal behaviors, or female genital tract morphology changes. Such female traits may indeed be easier to identify than SFP receptors themselves and should be more widely considered. A second example is that antagonistic interactions between males and females could be impacted by interactions of either sex with pathogens that access the reproductive tract or cells. There is evidence that some immunity genes evolve more rapidly in promiscuous species, consistent with the idea that multiple mating is associated with increased immune challenge (Wlasiuk and Nachman 2010). In such a situation, it could be difficult to differentiate antagonistic coevolution between SFPs and their receptors from antagonistic coevolution between female receptors and the pathogens. This would be particularly difficult if the pathogen interacted directly with the SFP receptor in the female, because coevolution between the female receptor and the pathogen could also “drag along” SFP coevolution to retain SFP function through the female receptor. The primary driving interaction in this scenario would be the host–pathogen interaction, not the male–female conflict. However, without knowledge of host–pathogen interactions, the correct explanation for any coevolutionary patterns observed between SFPs and receptors could be hard to pin down.

One outcome of sexual conflict, predicted by theory when the intensity of sexual conflict

between males and females is relatively weak, is the differentiation of reproductive traits in one sex but not in the other (the so-called Buridan's ass outcome, Fig. 2) (Gavrilets and Waxman 2002; Parker 2006; Hayashi et al. 2007). If this process occurs within a species, it could assist in the evolution of divergent reproductive forms, and hence reproductive isolation via the sympatric mode (i.e., in the absence of physical barriers to gene flow [Gavrilets and Waxman 2002]). Interestingly, there is empirical evidence for Buridan's ass in the apparently antagonistic interactions concerning the speed and efficiency of sperm entry into the egg; this evidence concerns the abalone sperm protein lysin, and the egg protein VERL to which it binds, as discussed above (Clark et al. 2009). The empirical observation is that male-derived lysin has low genetic variability and hence shows little phenotypic variation, whereas its female partner VERL shows abundant polymorphism and manifests multiple different phenotypes in females, associated in some cases with incipient speciation. These data have been interpreted as evidence for Buridan's ass in that the invariant male lysin is "stranded" between the divergent female VERLs (Panhuis et al. 2006). A Buridan's ass situation appears to be a unique signature of sexual conflict. Further work will show whether this phenomenon is seen for SFPs.

It is important to note that, although each of the evolutionary patterns described so far could arise as a result of sexually antagonistic coevolution, none is a unique signature of sexual conflict, with the possible exception of the Buridan's ass scenario, as discussed above. As such, the presence or absence of rapid SFP evolution is consistent with sexual conflict but does not rule out other selective regimes. Furthermore, even where sexual conflict over a particular outcome (e.g., egg-laying rate or remating) is expected to result in coevolution between an SFP and its receptor, coevolution may be impeded by pleiotropy (where the loci involved have additional, potentially nonreproductive, functions) or if the conflict is mediated by multiple interacting loci. Thus, care must be taken in interpreting patterns of SFP molecular evolution in the light of sexual conflict.

(iv) Chromosomal Distribution of SFP Loci

In organisms with chromosomal-based sex determination, there is an inevitable asymmetry of passage of sex chromosomes through the sexes (see work by Mank et al. 2014). In XX/female and XY/male systems, for example, X chromosomes are present more often in females than in males. In such a situation, there is a greater chance for selection for genes of benefit to females on the X chromosome and less chance to select for genes of benefit to males. This would be predicted to lead to a situation in which female benefit genes should be X-enriched (Rice 1984). Consistent with this idea, the gene for SPR is X-linked in *D. melanogaster*. As additional SFP receptors are discovered it will be interesting to see whether they, too, are X-linked.

Genes encoding *D. melanogaster* SFPs are predominantly located on the autosomes. This could reflect that alleles of genes that more often benefit males can accumulate more easily on the autosomes, or perhaps that sex limitation in males is easier to evolve on autosomes, because of additional requirements for dosage-compensation control of X-linked genes in male *Drosophila*.

Evidence for Conflict Resolution

In addition to evidence for ongoing conflict mediated by SFPs, it should be possible to detect signatures of previous, but resolved, conflicts. These resolutions might, of course, themselves open up alternative possibilities, or routes for, novel sexual conflicts. Signatures of previous sexual conflict in the genome are predicted to be detectable as genomic "baggage" such as pseudogenes, gene redundancy, duplication, and/or gross genome rearrangements between sibling species. Examples of all of these phenomena are observed among genes encoding SFPs.

One line of evidence for resolution of conflict could be the loss of function of SFP genes, as females overcome or avoid their effects. The "lost" genes could be replaced by others, including by co-option of other members of the same biochemical family, in response. Such SFP

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turnover appears to be particularly rapid in *Drosophila* species subgroups and in the primate copulatory plug protein SEMG2 (Kingan et al. 2003; Carnahan and Jensen-Seaman 2008). Female gorillas, unlike their chimpanzee cousins, are usually monandrous during each reproductive bout, removing the opportunity for postcopulatory sexual conflict. Because primate copulatory plug proteins are thought to be maintained, at least in part, owing to the advantage they provide males in preventing sperm competition, in species with monandrous females, selection is expected to be relaxed on such proteins, and thus loss-of-function mutations within them would not be removed from the population (see also Claw 2013).

Resolution of one type of conflict can also provide conditions for new conflicts to emerge. For example, intralocus sexual conflict, which results from differing “demands” by males and females on a single gene, is often proposed to be resolved by the evolution of sex-limited expression of the relevant gene (see work by Ingleby et al. 2014). Sex limited expression for SFPs would have released SFPs from any functional constraint imposed by having to operate in females. It may also have allowed the effects of SFPs to be more easily tailored to coordinate reproductive processes. For example, an SFP signal from males received by females only once sperm transfer has been achieved would be an efficient way of activating reproductive processes in females at the correct time and in the correct sequence (Chapman 2001). This mechanism benefits both sexes. However, once present, sex limitation instantly opens up the possibility for relatively unconstrained direct manipulation of reproduction in the female by males, with the possibility of initiating a new interlocus sexual conflict. Hence, new routes for sexual conflict via the interlocus mode may emerge following resolution of intralocus sexual conflict via the evolution of sex limitation.

CONCLUDING REMARKS

SFPs provide an informative molecular system in which to study sexual conflict because they not only provide mechanisms that can underlie

sexual conflict but also show signatures at the gene sequence and expression level of past and current conflict. In this section, we conclude by considering additional aspects of the interface between SFPs and sexual conflict and proposing future research directions.

Is It All Conflict?

The evidence provided in the sections above can be interpreted as indicating the presence of sexual conflict. However, we do not yet know to what extent conflict actually operates and how important it is in relation to processes such as sexual selection. As noted above (in the section The Potential Weapons), there are examples of biochemical pathways that include contribution by males and females (e.g. proteolytic processing of *Drosophila* ovulin, Fig. 1), males turning on molecular pathways in females (e.g., Rubinstein and Wolfner 2013), males activating already prepared pools of preexisting RNAs or proteins in females (e.g., Heifetz and Wolfner 2004; Lawniczak and Begun 2004; McGraw et al. 2004; Mack et al. 2006; Kapelnikov et al. 2008; Rubinstein and Wolfner 2013), and apparent male/female synergy in achieving sperm storage (e.g., Ignatz et al. 2007). These examples may reflect the requirement to coordinate the many complex processes needed in order for reproduction to be successful. It is worth considering, however, that sexual conflict can occur within even the most complex and apparently mutually beneficial of these interactions. SFPs have the potential to engage females in a “sensory trap” (West Eberhard 1979) through the use of SFP signals to which females “must” respond to reproduce successfully, but which can then be used to divert females from their optimal investment in reproduction. Females cannot evolve complete insensitivity; otherwise they achieve lower fitness (hence “trapped”). Only a combination of mechanistic knowledge with manipulative experiments can determine whether such a scenario exists.

Further, the intensity of sexual conflict mediated by SFPs may vary over time, both across and within generations. The intensity of conflict now may not indicate its relative importance in

the past or future. Resource levels may also cause variability in the extent to which conflict is expressed (Fricke et al. 2010). For example, when food is scarce, females may be unable to exhibit increased egg laying following mating, no matter how much SF has been received. Additional experiments into the lifetime costs and benefits of SFP transfer from both the male and the female's perspective, made under a range of biologically relevant conditions, are now necessary to resolve the extent of sexual conflict mediated by SFPs.

Practical Applications

Understanding how SFPs shape and are shaped by sexual conflict has numerous potential practical applications, and also provides cautionary insights. For example, this knowledge could provide insights for the control of pest insects. One option for increased efficiency of insect control is to select for, or genetically engineer, males that have a greater effect on female reproductive physiology and/or behavior. This manipulation could be coupled with pest control strategies such as the sterile male technique or release of genetically modified strains that are altered in such a way to reduce damage (e.g., Fu et al. 2007). Proof of principle for the use of artificial selection in creating more “manipulative” males comes from studies in *D. melanogaster*. For example, female *D. melanogaster* mated to males that had experimentally evolved in a polygamous mating system took longer to remate and produced fewer offspring after mating than females mated to males that had evolved in a monogamous mating system (Holland and Rice 1999; Pitnick et al. 2001). Furthermore, *D. melanogaster* males selected for increased accessory gland size produced and transferred more SP and sired more offspring when in competition with other males than control males (Wigby et al. 2009). The results of these studies suggest that standard artificial selection could increase the ability of laboratory-reared males to induce postmating responses in their mates. Similar effects can be achieved simply by exposing males to rivals (Bretman et al. 2009). Selection or genetic engineering could

be used to make SFPs more stable in females so that their effects persist, or to allow them to be effective even in the absence of sperm (in the case of SFPs, like SP, whose effects are sperm dependent). Another logical application of the use of SFPs in pest management would be to chemically interfere with the production of particular SFPs in males or their receptors in females. This approach may be successful for effects in females that are mediated by a single SFP–receptor pair, but as noted earlier there is significant redundancy in SFP functional classes and/or lack of specificity in SFP receptors that might make such interference with a single SFP or receptor less effective. Moreover, the rapid rate of SFP evolution suggests that pest species may evolve resistance to such strategies, as these strategies simulate what might happen under conflict scenarios. Rapid SFP evolution also makes it unlikely that SFP-based molecules used to target one species would negatively affect other species.

In addition to controlling pest populations, our knowledge of the role of sexual conflict in shaping SFPs could also inform strategies to promote successful reproduction outcomes in species of conservation concern, agricultural animals (e.g., honey bees and farm animals), and even humans. For example, for nonhuman animals, SFPs from males in populations in which females mate promiscuously may enhance the fertilizing ability of sperm used in assisted reproduction. Similarly, exposure of males to cues of sperm competition could increase the quantity or fertilizing ability of sperm in their ejaculates (Wedell et al. 2002; Killgallon and Simmons 2005; Bretman et al. 2009, 2011).

Future Prospects

SFPs are experimentally accessible molecules that exert precise and measurable effects on the female—yet are made by the male. These characteristics make them a fascinating and tractable system for dissecting molecular interactions that can participate in, and underlie, sexual conflict. In the sections above, we have highlighted some of these interactions and how

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they can contribute to or mediate sexual conflict. Here, we conclude by suggesting five areas of SFP research related to sexual conflict that are so far underexplored.

1. Identification of the SFP-interacting loci in females to conduct tests of coevolution and chromosomal distribution predictions.
2. Transcriptomic and proteomic studies of variation in SFP and receptor expression levels to identify previously unrecognized signatures of sexual conflict.
3. Genomic population studies in natural populations, analogous to those conducted for reproductive phenotypes (e.g., Andrés and Arnqvist 2001), to detect cycles of sexually antagonistic coevolution through time and space.
4. Studies of genome and expression level changes in response to experimental evolution under sexual conflict.
5. Cross-population and cross-species comparisons of SFP effectiveness in relation to the intensity of sexual conflict.

Future studies of the above areas, as well as continued dissection of how SFPs exert their effects on females, promise to reveal profound and fundamental insights into the evolutionary potential of conflict and cooperation between the sexes.

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