Mechanisms of Action of Bcl-2 Family Proteins

Aisha Shamas-Din¹, Justin Kale¹, Brian Leber^{1,2}, and David W. Andrews¹

¹Department of Biochemistry and Biomedical Sciences, McMaster University, Hamilton, Ontario L8S4K1, Canada

²Department of Medicine, McMaster University, Hamilton, Ontario L8S4K1, Canada

Correspondence: andrewsd@dwalab.ca

The Bcl-2 family of proteins controls a critical step in commitment to apoptosis by regulating permeabilization of the mitochondrial outer membrane (MOM). The family is divided into three classes: multiregion proapoptotic proteins that directly permeabilize the MOM; BH3 proteins that directly or indirectly activate the pore-forming class members; and the anti-apoptotic proteins that inhibit this process at several steps. Different experimental approaches have led to several models, each proposed to explain the interactions between Bcl-2 family proteins. The discovery that many of these interactions occur at or in membranes as well as in the cytoplasm, and are governed by the concentrations and relative binding affinities of the proteins, provides a new basis for rationalizing these models. Furthermore, these dynamic interactions cause conformational changes in the Bcl-2 proteins that modulate their apoptotic function, providing additional potential modes of regulation.

Apoptosis was formally described and named in 1972 as a unique morphological response to many different kinds of cell stress that was distinct from necrosis. However, despite the novelty and utility of the concept, little experimental work was performed during the following 20 years because no tools existed to manipulate the process. In the early 1990s, two seminal observations changed the landscape. First, as the complete developmental sequence of the nematode *Caenorhabditis elegans* was painstakingly elucidated at the single-cell level, it was noted that a fixed, predictable number of “intermediate” cells were destined to die, and that this process was positively and negatively regulated by specific genes. Second, a novel gene called B-cell CLL/lymphoma 2 (Bcl-2; encoded by *BCL2*)

that was discovered as a partner in a reciprocal chromosomal translocation in a human tumor turned out to function not as a classic oncogene by driving cell division, but rather by preventing apoptosis. When it was discovered that the mammalian *BCL2* could substitute for *CED-9*, the *C. elegans* gene that inhibits cell death, the generality of the process was recognized, and the scientific literature exploded with now well over 10⁵ publications on apoptosis. However, it is ironic to note that after a further 20 years of intensive investigation, it is clear that the mechanism of action of Bcl-2 is quite distinct from Ced-9, which sequesters the activator of the caspase protease that is the ultimate effector of apoptosis. In contrast, Bcl-2 works primarily by binding to other related proteins that regulate

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permeabilization of the mitochondrial outer membrane (MOM).

This review examines how apoptosis is regulated by the members of the (now very large) Bcl-2 family, composed of three groups related by structure and function (illustrated in Fig. 1): (1) the BH3 proteins that sense cellular stress and activate (either directly or indirectly); (2) the executioner proteins Bax or Bak that oligomerize in and permeabilize the MOM, thereby releasing components of the intermembrane space that activate the final, effector caspases of apoptosis; and (3) the antiapoptotic members like Bcl-2 that impede the overall process by inhibiting both the BH3 and the executioner proteins. To understand the consequence of the interactions among the three subgroups, several models have been proposed (“direct activation,” “displacement,”

“embedded together,” and “unified” models; illustrated in Fig. 2) that are briefly described here before a more detailed discussion of the Bcl-2 families.

DIRECT ACTIVATION MODEL

The distinctive feature of the direct activation model is that a BH3 protein is required to directly bind and to activate the Bcl-2 multiregion proapoptotic proteins, Bax and Bak. The direct activation model classifies BH3 proteins as activators or sensitizers based on their affinities for binding to Bcl-2 multiregion proteins (see Table 1) (Letai et al. 2002). The activator BH3 proteins—tBid, Bim, and Puma—bind to both the proapoptotic and the antiapoptotic Bcl-2 multiregion proteins (Kim et al. 2006). The sensitizer BH3 proteins—Bad,

Figure 1. Schematic overview of the Bcl-2 family of proteins. The family is divided into two subgroups containing proteins that either inhibit apoptosis or promote apoptosis. The proapoptotic proteins are further subdivided functionally into those that oligomerize and permeabilize the MOM, such as Bax and Bak, or those that promote apoptosis through either activating Bax or Bak or inhibiting the antiapoptotic proteins, such as tBid, Bim, Bad, and Noxa. Proteins are included in the Bcl-2 family based on sequence homology to the founding member, Bcl-2, in one of the four Bcl-2 homology (BH) regions. All the antiapoptotic proteins, as well as Bax, Bak, and Bid, have multiple BH regions, are evolutionarily related, and share a three-dimensional (3D) structural fold. The BH3 proteins contain only the BH3 region, are evolutionarily distant from the multiregion proteins, and are intrinsically unstructured. Most members of the Bcl-2 family proteins contain a membrane-binding region (MBR) on their carboxyl termini in the form of a tail anchor, mitochondrial-targeting sequence, or as a hydrophobic amino acid sequence that facilitates binding and localization of these proteins to the MOM or to the endoplasmic reticulum (ER) membrane.

Figure 2. Schematics of the core mechanisms proposed by various models for the regulation of MOMP by Bcl-2 proteins. ($\uparrow$) Activation; ($\downarrow$) inhibition; ($\updownarrow$) mutual recruitment/sequestration. Paired forward and reverse symbols indicate the model makes explicit reference to equilibria. (A) The direct activation model divides the different BH3 proteins by qualitative differences in function. The BH3 proteins with high affinity for binding and activating Bax and Bak are termed as “activators,” whereas those that only bind the antiapoptotic proteins are termed “sensitizers.” The activator BH3 proteins directly interact with and activate Bax and Bak to promote MOMP. The antiapoptotic proteins inhibit MOMP by specifically sequestering the BH3 activators. The BH3 sensitizer proteins can compete for binding with the antiapoptotic proteins, thus releasing the BH3 activator proteins to avidly promote MOMP through activation and oligomerization of Bax and Bak. (B) The displacement model categorizes the BH3 proteins solely based on their affinities of binding for the antiapoptotic proteins (hence, does not recognize them as activators). In this model, Bax and Bak are constitutively active and oligomerize and induce MOMP unless held in check by the antiapoptotic proteins. Therefore, for a cell to undergo apoptosis, the correct combination of BH3 proteins must compete for binding for the different antiapoptotic proteins to liberate Bax and Bak and for MOMP to ensue. (C) The embedded together model introduces an active role for the membrane and combines the major aspects of the previous models. The interactions between members of the Bcl-2 family are governed by equilibria and therefore are contingent on the relative protein concentrations as well as their binding affinities. The latter are determined by posttranslational modifications, fraction of protein bound to the membrane, and cellular physiology. At membranes, the activator BH3 proteins directly activate Bax and Bak, which then oligomerize, inducing MOMP. Both activator and sensitizer BH3 proteins can recruit and sequester antiapoptotic proteins in the membrane. The antiapoptotic proteins inhibit apoptosis by sequestering the BH3 proteins and Bax and Bak in the membrane or by preventing their binding to membranes. At different intracellular membranes, the local concentrations of specific subsets of Bcl-2 family members alter the binding of Bcl-2 proteins to the membrane and the binding equilibria between family members. As a result, Bcl-2 family proteins have distinct but overlapping functions at different cellular locations. (D) The unified model builds on the embedded together model by proposing that the antiapoptotic proteins sequester the activator BH3 proteins (mode 1) and sequester Bax and Bak (mode 2). It differs in that in the unified model, inhibition of apoptosis through mode 1 is less efficient (smaller arrow in panel D) and therefore easier to overcome by sensitizer BH3 proteins. In addition, the unified model extends the role of Bcl-2 family proteins and the regulation of MOMP to mitochondria dynamics (not shown).

Noxa, Bik, Bmf, Hrk, and Bnip3—bind to the antiapoptotic proteins, thereby liberating activator BH3 proteins to promote mitochondrial outer membrane permeabilization (MOMP) (Letai et al. 2002; Kuwana et al. 2005; Certo et al. 2006). The antiapoptotic proteins bind to

both the activator and the sensitizer BH3 proteins, but are unable to complex with Bax and Bak (Kim et al. 2006). Therefore, for a cell to evade apoptosis, antiapoptotic proteins must sequester the BH3 proteins to prevent Bax/Bak activation and apoptosis.

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Table 1. Binding profiles within Bcl-2 family members

Antiapoptotic protein	Antiapoptotic protein binds to		
	Bax/ Bak/Bid	BH3 proteins	
		Activator	Sensitizer
Bcl-2	Bax, Bid	Bim, Puma	Bmf, Bad
Bcl-XL	Bax, Bak, Bid	Bim, Puma	Bmf, Bad, Bik, Hrk
Bcl-w	Bax, Bak, Bid	Bim, Puma	Bmf, Bad, Bik, Hrk
Mcl-1	Bak, Bid	Bim, Puma	Noxa, Hrk
A1	Bak, Bid	Bim, Puma	Noxa, Bik, Hrk

Letai et al. (2002); Chen et al. (2005).

DISPLACEMENT MODEL

In the displacement model, BH3 proteins do not directly bind to Bax and Bak to cause their activation. Rather, Bax and Bak are constitutively active and therefore must be inhibited by the antiapoptotic proteins for the cell to survive. To initiate apoptosis, BH3 proteins displace Bax and Bak from the antiapoptotic proteins to promote Bax- or Bak-mediated MOMP. Because BH3 proteins selectively interact with a limited spectrum of antiapoptotic proteins, a combination of BH3 proteins is required to induce apoptosis in cells expressing multiple antiapoptotic Bcl-2 family members (see Table 1) (Chen et al. 2005). In support for this model, heterodimers of Bak with Mcl-1 and Bcl-XL are present in dividing cells, and overexpression of Noxa displaces Bak–Mcl-1 heterodimers, releasing Bak and forming Noxa–Mcl-1 complexes. In these cells, a combination of Bad and Noxa is required to neutralize the effects of both Bcl-XL and Mcl-1 to finally induce apoptosis (Willis et al. 2005).

EMBEDDED TOGETHER MODEL

The embedded together model incorporates the role of the membrane as the “locus of action” for most Bcl-2 family proteins because MOMP does not occur until Bax and Bak achieve their final active conformation in the membrane. The

interactions with membranes result in distinct changes in conformations of the Bcl-2 family proteins that govern their affinity for the relative local concentrations of the binding partners (Leber et al. 2007, 2010; Garcia-Saez et al. 2009). For example, the cytoplasmic multiregion proteins Bax and Bcl-XL undergo large but reversible conformational changes after interacting with MOM (Edlich et al. 2011), which increase the affinity for binding to a BH3 protein, causing a further conformational change and allowing insertion in the membrane.

In this model, sensitizer BH3 proteins bind only to antiapoptotic proteins. However, the consequences of this interaction incorporate the features of both the displacement and direct activation models, because the sensitizer BH3 proteins neutralize the dual function of the antiapoptotic proteins by displacing *both* the activator BH3 proteins and Bax or Bak from the membrane-embedded conformers of the antiapoptotic proteins (Billen et al. 2008; Lovell et al. 2008). Because it is the activated forms of Bax and Bak that are bound to the membrane-embedded antiapoptotic proteins, sensitizer proteins release Bax and Bak conformers competent to oligomerize and permeabilize membranes.

Another distinguishing feature of this model is the dual role assigned to activator BH3 proteins, which directly activate proapoptotic proteins and also bind to antiapoptotic proteins. When activator BH3 proteins interact with Bax and Bak, they promote insertion into the membrane, whereupon Bax and Bak oligomerize and permeabilize cellular membranes. Similarly, interaction of activator BH3 proteins with antiapoptotic proteins promotes their insertion into membranes. However, in this case, the BH3 protein functions like a sensitizer, because the bound antiapoptotic protein is unable to bind Bax or Bak. However, sequestration goes both ways, and by binding the BH3 protein, the antiapoptotic protein inhibits it at the membrane. Moreover, because the interaction of the activator BH3 proteins with both the proapoptotic and the antiapoptotic Bcl-2 family proteins is reversible, it is therefore possible for a single BH3 protein to interact with both proapoptotic and antiapoptotic proteins (depend-

ing on their relative expression levels), thereby changing their conformation at the membranes. Recently, many of the interactions proposed by this model have been measured directly in living cells (Aranovich et al. 2012).

UNIFIED MODEL

The unified model of Bcl-2 family function builds on the embedded together model (Llambi et al. 2011). This model distinguishes the known interactions of antiapoptotic Bcl-2 proteins to sequester the activator BH3 proteins as mode 1, and to sequester the active forms of Bax and Bak as mode 2 (Fig. 2D). Although in cells both modes of inhibition take place simultaneously, in the unified model, inhibition of apoptosis through mode 1 is less efficient and is easier to overcome by BH3 sensitizers to promote MOMP than inhibition through mode 2. Importantly, the unified model also incorporates the functions of Bax and Bak in mitochondrial fission and fusion and postulates that only mode 2 repression affects this process. This model is therefore the first to explicitly link modes of MOMP regulation and mitochondrial dynamics.

The dual function assigned to antiapoptotic proteins is thus shared by both embedded together and unified models. However, in the former, the interplay between members of the Bcl-2 family are determined by competing equilibria; therefore, the abundance of proteins and specific conditions of cell physiology including posttranslational modifications will determine the prevailing interactions. As a result, the embedded together model differs from the unified model in that it predicts that either mode 1 or mode 2 can be dominant depending on circumstances such as the particular form of stress and cell type. Further work to test the different predictions of the models with full-length, wild-type proteins in different cells is required to resolve these issues.

THE MODELS: WHO BINDS TO WHOM?

One aspect of many of the models that is potentially confusing is that if an activator BH3 pro-

tein binds to an antiapoptotic family member, which is being inhibited? Whether antiapoptotic proteins sequester the BH3 proteins or the BH3 proteins sequester the antiapoptotic proteins becomes a semantic argument. A more productive way of characterizing the interaction is as a mutual sequestration that prevents their respective activation or inhibition effects on Bax and Bak. Therefore, whether MOMP ensues is determined by the relative concentrations and affinities of the proapoptotic and antiapoptotic proteins at the membrane. This recasting of the players is reminiscent of the original rheostat model proposed by the Korsmeyer group (Oltvai et al. 1993); however, it extends that model in ways not originally envisioned. For example, the rheostat model did not anticipate autoactivation. If there is sufficient cytosolic antiapoptotic Bcl-XL, then those Bcl-XL molecules recruited to the membrane by a BH3 protein can recruit additional molecules of Bcl-XL to the membrane through “autoactivation,” a process also observed for Bax. Because BH3 protein binding is reversible, autoactivation ensures recruitment of sufficient Bcl-XL to provide efficient inhibition of the BH3 protein.

Another recently recognized aspect that determines the nature and fate of the binding interactions is composition of different membrane organelles. As mentioned above, the unified model provides a mechanistic link between MOMP regulation and mitochondrial fission and fusion. The importance of membranes in modifying conformations and binding partners as proposed by the embedded together model accounts for the overlapping but distinct function of the Bcl-2 family at the mitochondria and endoplasmic reticulum (ER). It also explains how other membrane sites such as the Golgi can act as a reservoir for potentially activated Bax (Dumitru et al. 2012). Therefore, the roles of Bcl-2 family proteins in cell fate decisions and other processes such as mitochondrial fusion and autophagy appear to be primarily governed by the relative concentrations and affinities of the different binding partners available in that specific subcellular membrane.

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MULTIDOMAIN PROAPOPTOTIC MEMBERS

Bax (Bcl-2-associated X protein) was identified by coimmunoprecipitation with Bcl-2 (Oltvai et al. 1993). Unlike Bcl-2, overexpression of Bax promoted cell death, and the opposing functions suggested a rheostat model, whereby the relative concentrations of proapoptotic and antiapoptotic Bcl-2 family members determine cell fate. The discovery of Bcl-XL indicated that antiapoptotic function could be mediated by more than Bcl-2; shortly thereafter Bak (Bcl-2 antagonist/killer) was cloned and recognized as the second proapoptotic protein functioning similarly to Bax despite being more homologous to Bcl-2 than Bax (Chittenden et al. 1995; Farrow et al. 1995; Kiefer et al. 1995). Cells in which the gene encoding either Bax or Bak was knocked out were still susceptible to apoptosis. However, Bax^{-/-}/Bak^{-/-} double-knockout cells were resistant to almost all death stimuli (Wei et al. 2001). These seminal studies placed Bax and Bak in the same prodeath pathway and indicated significant functional redundancy. Furthermore, the demonstration that they are jointly necessary for almost all types of apoptotic cell death (except for death receptor pathways, where effector caspases are directly activated by initiator caspases) provides the mechanism for integration of proapoptotic and antiapoptotic signals via the common mechanism of Bax- and Bak-mediated membrane permeabilization.

Both Bax and Bak mediate prodeath function at the MOM, where they oligomerize and permeabilize the MOM, resulting in the release of intermembrane space (IMS) proteins such as cytochrome *c*, OMI/HTRA2, SMAC/DIABLO, and endonuclease G (Kuwana and Newmeyer 2003). The solution structures of Bax and Bak reveal that both proteins are composed of nine α helices with a large hydrophobic pocket composed of helices 2–4 (Suzuki et al. 2000; Moldoveanu et al. 2006). Both Bax and Bak contain a carboxy-terminal transmembrane region, α helix 9, which targets the proteins to the MOM (see Table 2).

The differences between Bax and Bak are illuminating with respect to the common mech-

anism. Whereas Bax has a high affinity for the antiapoptotic proteins, Bcl-2 and Bcl-XL, Bak has a high affinity for the antiapoptotic proteins, Mcl-1 and Bcl-XL (Willis et al. 2005; Llambi et al. 2011). Another difference is that Bak is found constitutively bound to the MOM, whereas Bax is primarily cytosolic but migrates to the MOM after apoptotic stimuli (Hsu et al. 1997; Wolter et al. 1997; Griffiths et al. 1999). The difference in localization of Bax and Bak in nonstressed cells is a result of the position of helix 9. NMR studies indicate that in the initial step of activation, helix 9 of Bax is bound to the hydrophobic pocket in “*cis*,” preventing helix 9 from inserting into the MOM (Suzuki et al. 2000). Disruption of the interaction of helix 9 with the hydrophobic pocket causes constitutive Bax targeting to the mitochondria, thus recapitulating the intracellular location of Bak (Nechushtan et al. 1999; Brock et al. 2010). Conversely, tethering helix 9 to the hydrophobic core of Bax abrogates Bax targeting to MOM and membrane permeabilization (Gavathiotis et al. 2010). Other portions of the protein involved in membrane binding (and MOMP) once helix 9 is displaced are described below. In contrast, it is presumed that helix 9 of Bak is positioned differently, because Bak bypasses the initial step of Bax activation and targets constitutively to mitochondrial membranes (Setoguchi et al. 2006).

Bax/Bak-Mediated MOMP

It was proposed that activated Bax would assemble a complex of proteins termed the permeability transition pore (PTP) to create an opening spanning through both membranes of the mitochondria, ultimately causing the MOM to rupture because of mitochondrial matrix swelling (Schwarz et al. 2007). The PTP is composed of the voltage-dependant anion channel (VDAC1) located within the MOM, adenine nucleotide translocase (ANT) located within the mitochondrial inner membrane (MIM), and cyclophilin D located within the mitochondrial matrix (Brenner and Grimm 2006). Opening of the pore would ensue after activated Bax bound to VDAC1, causing a conformational

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Table 2. Localization, targeting mechanism, and nonapoptotic function of Bcl-2 family proteins

Bcl-2 protein	Targeting mechanism and location	Nonapoptotic function	References
Bax	Tail anchor Cytosolic binds to MOM and ER membrane upon activation	Promotes mitochondria fusion in healthy cells and mitochondria fission in dying cells	Annis et al. 2005; Karbowski et al. 2006; Montessuit et al. 2010; Hoppins et al. 2011
Bak	Tail anchor Constitutively bound to MOM and ER membrane	Promotes mitochondria fusion in healthy cells, and mitochondria fission in dying cells	Griffiths et al. 1999; Karbowski et al. 2006; Brooks et al. 2007
Bid	Carboxy-terminal anchor? Helices 6 and 7 required for membrane binding Cytosolic and nuclear in healthy cells Localizes to MOM and ER upon cleavage by caspase-8 on the onset of apoptosis	Preserves genomic integrity and mediates intra-S-phase check point Interacts with and modulates NOD1 inflammatory response	Li et al. 1998; Luo et al. 1998; Hu et al. 2003; Kamer et al. 2005; Zinkel et al. 2005; Yeretssian et al. 2011
Bcl-2	Tail anchor Constitutively bound to MOM and/or ER membrane	Bcl-2 binds to the IP3 receptor at the ER, and inhibits the initiation phase of calcium-mediated apoptosis	Nguyen et al. 1993; Janiak et al. 1994; Hinds et al. 2003; Wilson-Annan et al. 2003; Chou et al. 2006; Dlugosz et al. 2006; Rong et al. 2009
Bcl-XL	Tail anchor Binds to MOM and ER membrane upon activation	Bcl-XL links apoptosis and metabolism via acetyl-CoA levels	Jeong et al. 2004; Brien et al. 2009; Yi et al. 2011
Mcl-1	Tail anchor Binds to MOM upon activation	Unknown Normally highly unstable protein	Zhong et al. 2005; Chou et al. 2006
Bcl-w	Noncanonical tail anchor Localization unknown	Unknown	Hinds et al. 2003; Wilson-Annan et al. 2003
A1/Bfl-1	Charged carboxyl terminus MOM (other membranes?) and perinuclear region	Unknown	Simmons et al. 2008
Bim	TOM complex-dependent carboxy-terminal hydrophobic segment—MOM	Associated with microtubules in healthy cells	O'Connor et al. 1998; Weber et al. 2007
Puma	Carboxy-terminal hydrophobic segment (?)—MOM	Unknown Transcriptionally regulated by p53	Nakano and Vousden 2001
Bad	Two lipid-binding domains at carboxyl terminus Cytosolic in healthy cells, mitochondrial in apoptotic cells	Regulation of glucose metabolism	Hekman et al. 2006; Danial 2008
Bik/Blk	Carboxy-terminal tail anchor Hydrophobic segment—ER	Unknown	Germain et al. 2002

Continued

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Table 2. *Continued*

Bcl-2 protein	Targeting mechanism and location	Nonapoptotic function	References
Noxa	Targeting region at carboxyl terminus and via BH3 region mediated interactions with Mcl-1—MOM	Unknown	Oda et al. 2000; Ploner et al. 2008
Bmf	By binding to Bcl-2 family members? MOM during apoptosis	Binds myosin V motors by association with dynein light chain 2 in healthy cells Function unknown	Puthalakath et al. 2001
Hrk/ DP5	Tail anchor MOM	Role in hearing loss in response to gentamycin suggests function in inner ear	Inohara et al. 1997; Kalinec et al. 2005
Beclin-1	Carboxy-terminal dependent? ER, MOM, <i>trans</i> -Golgi network	Regulates autophagy	Sinha and Levine 2008

?, inconclusive data.

change in this preexisting channel, such that it is linked to ANT (Shimizu et al. 1999). However, by biochemical and gene knockout studies, all three components of the PTP have been shown to be dispensable for Bax-dependent MOMP (Tsujiimoto and Shimizu 2007). Nevertheless, PTP formation by Bax/Bak-independent mechanisms does have a role in cell death by regulating necrosis in some circumstances (Nakagawa et al. 2005).

An alternative possibility is that activated Bax/Bak form pores directly in the MOM. Amphipathic α -helical peptides can porate membranes via two separate mechanisms termed barrel-stave or toroidal, leading to two distinct pores, proteinaceous or lipidic, respectively (Yang et al. 2001). In both models, the helices line the pore, perpendicular to the membrane. The barrel-stave model creates a proteinaceous pore devoid of lipids. Conversely, a toroidal pore is composed of protein and lipid components. Bax inserts three amphipathic helices (5, 6, and 9) into the MOM before oligomerization and MOMP (Annis et al. 2005). Currently, there is evidence for Bax and Bak generating both proteinaceous and lipidic pores. Electrophysiological studies using patch clamping identified a pore that was termed the mitochondrial apoptosis-induced channel (MAC) (Pavlov et al.

2001). The MAC contains oligomeric Bax or Bak, providing the first indication that these proteins can create a proteinaceous pore (Dejean et al. 2005). This complex is thought to be composed of nine Bax or Bak monomers yielding a pore diameter of ~ 5 nm, which should be sufficient to release cytochrome *c*, a 15-kDa protein. However, experiments investigating the core mechanism of Bax pore formation using liposomes or MOMs show that Bax can release high-molecular-weight dextrans up to 2000 kDa (Kuwana et al. 2002), suggesting that the pore is likely larger *in vivo*. Furthermore, Bax can create pores ranging in size from 25 to 100 nm, consistent with a lipidic pore, not a proteinaceous pore (Schafer et al. 2009). Additionally, peptides containing only helices 5 and 6 of Bax can cause pores to form in liposomes that resemble lipidic pores (Qian et al. 2008). Most of the evidence for proteinaceous pores has been observed with isolated mitochondria, whereas the evidence for lipidic pores is largely from experiments with liposomal-based systems. It is therefore conceivable that both mechanisms are operative at different steps *in vivo*: Bax or Bak may initially insert helices 5 and 6 (and 9) into the MOM, forming small pores that resemble proteinaceous pores, and after further oligomerization, the pores increase

in size and alter the lipid structure of the membrane, facilitating the formation of a pore that can release larger IMS proteins such as OMI/HTRA2 (~49 kDa) and SMAC/DIABLO (~27 kDa).

Mechanism of Bax/Bak Activation and Pore Formation

A conformational change in the amino-terminal region of both Bax and Bak has been detected that correlates with activation (Hsu and Youle 1997; Griffiths et al. 1999; Dewson et al. 2009). When Bax interacts transiently with membranes, it exposes an amino-terminal epitope that can be detected using the 6A7 monoclonal antibody (Hsu and Youle 1997; Yethon et al. 2003). After interacting with BH3 proteins that cause membrane insertion of Bax, the epitope change detected by 6A7 is “locked in”; that is, it is no longer reversible. The exposure of the 6A7 epitope has been attributed to a conformational change in α helix 1 of Bax (Peyerl et al. 2007). The sequence of events is likely different for the amino-terminal conformational change in Bak because the protein is constitutively membrane bound.

After activation, the next step leading to oligomerization and pore formation is still under debate. Recently, a second hydrophobic pocket of Bax was identified through binding with the BH3 peptide of Bim (Gavathiotis et al. 2008, 2010). This new binding surface termed the “rear pocket” is composed of helices 1 and 6 and is located on the opposite side from the canonical “front” BH3-binding pocket of Bax (composed of helices 2–4). In the cytoplasmic form of Bax, the rear pocket is masked by an unstructured loop between helices 1 and 2, much as the front pocket is masked by helix 9. If the helix 1–2 loop is tethered to the rear pocket, Bax cannot expose the 6A7 epitope or release helix 9 from the front pocket, rendering Bax inactive. This suggests that Bax needs to undergo multiple conformational changes to bind to membranes and oligomerize to form pores. Bax and Bak also contain two more putatively transmembrane regions located in helices 5 and 6. After activation, Bax inserts helices

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5, 6, and 9 into the MOM (Annis et al. 2005). In contrast, helix 9 of Bak is constitutively transmembrane, and Bak inserts (at least) α 6 into the MOM after activation (Oh et al. 2010). Additionally, Bak lacking its carboxy-terminal transmembrane domain is still able to insert into membranes and oligomerize, causing pore formation after activation by BH3 proteins (Oh et al. 2010; Landeta et al. 2011). Thus, one or more domains of Bak in addition to helix 9 must be anchoring it within the membranes. Further studies are required to determine whether Bak inserts both helices 5 and 6, as appears to be the case for Bax.

Whether it binds to the “front” or the “rear” pocket, the BH3 region located in α helix 2 of both Bax and Bak is essential for homodimerization (George et al. 2007; Dewson et al. 2008). Two models of how the proapoptotic pore-forming proteins propagate the dimers into larger pore-forming oligomers have emerged. The asymmetric and symmetric dimer models both propose that Bax and Bak monomers interact via their BH3 regions and helix 6; however, they differ in which pockets the proteins use to oligomerize beyond the dimer (Fig. 3). The asymmetrical dimer model was proposed after the identification of the rear pocket (Gavathiotis et al. 2008, 2010). In this model, activator BH3 proteins initiate the activation of Bax by binding to the rear pocket, causing allosteric conformational changes that displace helix 9, which allows Bax to target to the MOM (Kim et al. 2009). Sequential oligomerization proceeds by the BH3 region of an activated Bax binding to the rear pocket of another Bax monomer, thereby exposing its BH3 region to further propagate oligomerization.

The second model proposes that Bax forms symmetrical dimers whereby the BH3 regions of two Bax monomers reciprocally bind the front pockets of each other (Dewson et al. 2009; Bleicken et al. 2010; Oh et al. 2010; Zhang et al. 2010). This dimerization changes the conformation of Bax such that the rear pockets interact with each other to facilitate oligomerization.

These contrasting models postulate different “units” that are joined to form the oligomer. However, it is clear that in each model both

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Figure 3. Models of Bax and Bak dimer formation. (A) Symmetrical dimers: Active Bax and Bak monomers with helices embedded within the MOM expose their BH3 regions, which, in turn, bind to the “front pocket” composed of the hydrophobic BH1-3 groove of an adjacent monomer. This binding changes the conformation of the “rear pocket” composed of helices 1 and 6, allowing homodimers to form tetramers and further propagate oligomerization. (B) Asymmetrical dimers: Active Bax and Bak expose their BH3 regions, which interact with the rear pocket on an adjacent monomer, forming an oligomer through subsequent rear pocket:BH3 region interactions.

hydrophobic pockets are important for the proapoptotic function of the proteins. Identification of the mechanism and dynamic binding surfaces that mediate oligomerization will be a great asset for assays testing small-molecule modulators of Bax and Bak function to allow this rate-limiting step in apoptosis to be selectively activated or inhibited as dictated by clinical need.

BH3 MEMBERS

Evolution and Structure of BH3 Proteins

BH3 proteins interact with and regulate multi-region proapoptotic and antiapoptotic Bcl-2 family members through the BH3 region, a shared homology region with other Bcl-2 family proteins. The specificity and affinity of the BH3 proteins for binding with their partners are determined by small differences in the amino acid sequence in the BH3 region (Table 1). Mutations in one or more of the key residues in the

BH3 region of Bid and Bad can abolish binding with other Bcl-2 family proteins and impede their proapoptotic function (Wang et al. 1996; Zha et al. 1997).

The evolutionary relationship between multi-region Bcl-2 family members and BH3 proteins is distant, and BH3 proteins are thought to have originated after an expansion event during vertebrate evolution (Aouacheria et al. 2005). A subclass of BH3 proteins, Bnip proteins, has a different evolutionary history and likely originated independently. These Bnip proteins contain a less well-conserved BH3 region and may not require this to bind to other Bcl-2 family proteins (Chinnadurai et al. 2008).

NMR studies of Bim, Bad, and Bmf, and in silico predictions for other BH3 proteins indicate that they are intrinsically unstructured proteins in the absence of binding partners but undergo localized conformational changes in the BH3 region upon binding with antiapoptotic proteins (Hinds et al. 2007). Bid is an exception to this observation, because it shares

phylogenetic, structural, and functional features with multiregion Bcl-2 family members (Billen et al. 2009). Bid was originally discovered through binding to both Bax and Bcl-2 and was classified as a proapoptotic “BH3-only” protein because it contained only a BH3 region. However, Bid shares a high degree of similarity in the overall three-dimensional (3D) fold of the structure with other multiregion Bcl-2 family proteins (Chou et al. 1999; McDonnell et al. 1999). Furthermore, the presence of a newly identified BH4 region (Kvansakul et al. 2008), phylogenetic evidence, and the mechanistic parallels between the activation of Bid and Bax suggest that Bid is more closely related to the multiregion family proteins than the BH3 proteins (Billen et al. 2009; Shamas-Din et al. 2011).

Structural Plasticity and Multiple Members Permits Diversity in Function

Although there are five major antiapoptotic and two main proapoptotic multiregion proteins, there are at least 10 different BH3 proteins in the vertebrate genome (Aouacheria et al. 2005). The amplification of the BH3 protein subgroup allows the organism to induce apoptosis selectively by monitoring many different types of cell stress that may be restricted to certain subcellular sites, specific cell types, or signaling pathways. Accordingly, there are many ways to turn on the different BH3 proteins, including transcriptional, translational, and posttranslational mechanisms. Furthermore, the consequence of turning on specific BH3 proteins differs according to the binding specificity of the BH3 region for its “target” (Table 1). According to the direct activation model, these quantitative differences in binding affinities lead to qualitative differences in function. Only a restricted subclass (so far only tBid, Bim, and Puma) has high enough affinity for the multiregion proapoptotic proteins Bax and Bak to allow direct binding and activation as discussed above. These BH3 proteins are thus designated “activators.” In contrast, all other BH3 proteins have been proposed to act as “sensitizers” and displace activator BH3 proteins from binding to

antiapoptotic members. This frees the activator BH3 proteins to then bind to Bax/Bak. Sensitizer binding also prevents antiapoptotic proteins binding activated Bax and Bak. Thus, sensitizer BH3 proteins specifically bind to antiapoptotic members and do not bind to Bax/Bak directly. In subclassifying the BH3 proteins, the role of Puma remains somewhat controversial, because it has been shown to be either an activator (Cartron et al. 2004; Kim et al. 2006, 2009; Gallenne et al. 2009) or a sensitizer in different studies (Kuwana et al. 2005; Certo et al. 2006; Chipuk et al. 2008; Jabbour et al. 2009). This controversy may be caused by the fact that BH3 activators can also act as sensitizers via mutual sequestration of antiapoptotic proteins (as discussed above).

The inherent structural plasticity of most BH3 proteins also facilitates interactions with multiple binding partners, including non-Bcl-2 proteins that govern their “day jobs” (i.e., BH3 proteins in their nonactivated state have roles independent of apoptosis). To further facilitate the “day jobs,” constitutively expressed BH3 proteins are located in parts of the cell distant from their apoptosis target membrane(s), where they participate in various nonapoptotic cellular processes (Table 2). Thus, to switch the function of BH3 proteins from the “day jobs” to apoptosis, constitutively expressed proteins undergo posttranslational modifications, such as phosphorylation, myristoylation, ubiquitination, and proteolysis, that restrict the proteins to one of the alternative functions (Kutuk and Letai 2008). In addition, the function of BH3 proteins such as Puma and Noxa are controlled at the transcriptional level and are expressed only in the presence of death stimuli. Finally, the BH3 proteins can change their conformation at their target membrane(s) and upon binding to Bcl-2 family partner to change their function.

BH3 Proteins Binding to Membranes as a Critical Step in Regulating Apoptosis

For the amplification of death signals, BH3 proteins translocate to the MOM to activate Bax and Bak and promote MOMP. However, the exact

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mechanism by which different BH3 proteins migrate to and insert into membranes varies. Mitochondrial-targeting and tail-anchor sequences are used to target several of the BH3 proteins to the MOM (see Table 2) (Kuwana et al. 2002; Seo et al. 2003; Hekman et al. 2006; Lovell et al. 2008). Moreover, the presence of specific lipids such as cardiolipin and cholesterol (Lutter et al. 2000; Hekman et al. 2006; Lucken-Ardjomande et al. 2008) and protein receptors such as Mtch2 at the MOM have been shown to influence the targeting of other Bcl-2 family proteins to their target membranes (Zaltsman et al. 2010).

Once at the membrane, it is likely that BH3 proteins undergo extensive conformational changes that dictate their function. For example, after cleavage by activated caspase-8, initial association of cleaved Bid with the MOM causes separation of the two fragments, with subsequent insertion and structural rearrangement of the p15 fragment (tBid) that likely orients the BH3 region to bind to Bax or Bcl-XL. Furthermore, the other BH3 proteins that are intrinsically unstructured undergo localized conformational changes upon binding membranes and antiapoptotic proteins.

Despite strong evidence for the functional interaction and activation of Bax and Bak by activator BH3 proteins, demonstration of binding of the full-length protein (as opposed to peptides from the BH3 region) has only recently been reported: Strong reversible binding of tBid to Bax was observed in liposomal MOM-like membranes (apparent $K_d \sim 25$ nM) (Lovell et al. 2008). Furthermore, when synthesized by in vitro translation, full-length BH3 proteins tBid, Bim, and Puma induced Bax- and Bak-dependent MOMP and shifted monomeric Bax and Bak to higher-order complexes in mitochondria (Kim et al. 2006).

In vitro experiments clearly show that BH3 proteins recruit and sequester the antiapoptotic Bcl-2 family proteins at the membrane. BH3 proteins bind the antiapoptotic proteins by docking on the BH3 region in the hydrophobic groove made of BH1, BH2, and BH3 regions of the antiapoptotic family proteins (Sattler et al. 1997; Liu et al. 2003; Czabotar et al. 2007). Sim-

ilar to the differential binding to proapoptotic family members, experiments in vitro suggest that each BH3 protein selectively binds a defined range of antiapoptotic proteins that is determined by differences in the structure and flexibility of the hydrophobic pocket of the antiapoptotic proteins, although, to date, these interactions have been measured only with peptides from the different BH3 regions rather than the full-length proteins (see Table 1).

ANTIAPOPTOTIC MEMBERS

Structure of Family Members Alone and in Complex with BH3 Peptides

Early observations that specific mutations in Bcl-2 abrogated both antiapoptotic function and binding to Bax and the presence of BH3 regions in both classes of the proapoptotic Bcl-2 families that bind Bcl-2 as “ligands” led to the concept of a receptor surface on Bcl-2. However, it was hard to confirm the details of this binding interaction using structural studies because of difficulties with purifying recombinant full-length Bcl-2. Initial success arose from NMR studies on Bcl-XL lacking its hydrophobic carboxyl terminus (Muchmore et al. 1996), which is similar to the structure obtained for Bax (Suzuki et al. 2000), was shown to contain two hydrophobic helices (5 and 6) forming a central hairpin structure surrounded by the remaining six amphipathic helices. Thereafter, cocrystals of “tail-less” Bcl-XL with BH3 peptides derived from Bak and Bim identified the BH3-binding surface as a hydrophobic cleft formed by noncontiguous residues in BH regions 1–3 (involving parts of helices 2, 7–8, and 4–6, respectively) (Sattler et al. 1997; Liu et al. 2003). These structural observations provided the platform for measurements of the many potential interactions between the binding pockets of different antiapoptotic members and the BH3 regions of the proapoptotic family members. These differing binding affinities cluster into functional groupings (e.g., binding to multiregion vs. BH3 proteins, or activators vs. sensitizers) (Table 1) with functional consequences as elucidated below.

Multiple Mechanisms of Action of Bcl-XL: Evidence of Binding to Both Multiregion and BH3 Members

Measurements of the affinity of binding between individual pairs of antiapoptotic family members and BH3 peptides in solution provide valuable clues about functional relevance. However, in cells, most of these interactions occur at or within intracellular membranes, and, indeed, the final commitment step in apoptosis being regulated is MOMP. Thus, experiments using recombinant full-length proteins or proteins synthesized *in vitro*, and isolated mitochondria or liposomes, have been critical in translating these interactions into testable models. For practical reasons, such experiments are most feasible using recombinant Bcl-XL, because other antiapoptotic proteins are much more difficult to purify in sufficient quantities owing to problems with aggregation (e.g., Bcl-2) or marked protein instability (e.g., Mcl-1). Thus, details about the mechanism of action of Bcl-XL serve as a model for the other proteins, acknowledging that other members will differ in some aspects, as discussed below.

By examining membrane permeabilization in a system with recombinant Bcl-XL, Bax, and tBid (both wild type and a mutant form that is unable to bind to Bcl-XL, but still activates Bax), it was shown that Bcl-XL inhibits MOMP not only directly by binding to tBid but also by binding to membrane-bound Bax (Billen et al. 2008). Thus, both of the major interactions postulated by the competing direct activation and displacement models contribute to inhibition of apoptosis. Furthermore, other mechanisms of action of Bcl-XL independent of these binding interactions were also identified, including prevention of Bax insertion into membranes as perhaps the most potent mechanism. This initially contentious point has been recently supported by observations that Bax undergoes multiple conformational changes that ultimately lead to oligomerization and MOMP, but the first of these steps is the exposure of the amino terminus at the membrane in a reversible equilibrium (Edlich et al. 2011). Bcl-XL changes this equilibrium such that Bax is shifted

out of the conformation that binds it loosely to membranes. Moreover, consistent with the postulation that dynamic conformational changes are a feature of all three Bcl-2 families, these investigators observed that Bcl-XL also undergoes reversible conformational changes that allow it to come on and off the MOM without being inserted. The structural basis of this mechanism is unclear, although it is speculated that sequestering of the opposite partner's carboxy-terminal helix 9 in the BH3-binding groove may mediate this effect. In essence, helix 9 of the other protein acts as an (inactive) BH3 mimetic.

Taken together, these observations have identified multiple mechanisms that contribute to the ultimate function of Bcl-XL. Using defined amounts of proteins with an *in vitro* system allows measurement of the stoichiometry of inhibition and indicates that one Bcl-XL can inhibit approximately four Bax molecules. Therefore, as a conceptual overview, the functions of Bcl-XL can be most simply summarized as a dominant-negative Bax, where it is able to undergo many of the binding interactions that Bax does but does not make the final conformational change that allows it to bind to other Bcl-XL/Bax molecules and oligomerize to form a pore. In accordance with the postulated models of oligomerization discussed above, this would imply that activated Bcl-XL cannot form a rear pocket in the analogous regions described for Bax/Bak.

Mediators of Multiple Mechanisms: Membrane Binding and Conformational Changes

Similar to Bax and Bak, there is evidence that the antiapoptotic Bcl-2 family proteins adopt multiple conformations in associating with membranes. Bcl-2 initially inserts helix 9 into the membrane, but after binding to tBid or a BH3 peptide derived from Bim, helix 5 moves to a hydrophobic environment consistent with insertion into the membrane (Kim et al. 2004). Therefore, it is plausible that Bcl-XL also adopts multiple conformations that are dictated by its interaction both with membranes and other

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Bcl-2 family members that shift the dynamic equilibrium between the different forms. Specifically, the data suggest that there is a form that is loosely bound to membranes (form 1), another in which helix 9 is inserted into membranes but not other helices (form 2), and, finally, a form in which helix 9 as well as helices 5 and 6 are inserted into the membrane (form 3) (Fig. 4). It is possible that these different conformations independently mediate the different mechanisms of action of Bcl-XL in inhibiting the final process of pore formation by activated Bax. Such a scheme is also compatible with observations that mutations that do not affect the BH3-binding pocket can still enhance antiapoptotic function, either by forcing constitutive membrane insertion (into forms 2 or 3) by replacing the endogenous tail-anchor sequence (Fiebig et al. 2006), or by loosening intramolecular binding, thereby “freeing” helices 5 and 6 to insert into membranes (form 3) (Asoh et al. 2000).

Comparison of Different Antiapoptotic Members

In simpler organisms such as *Caenorhabditis elegans* and *Drosophila*, there is only one inhibitory Bcl-2 family member, whereas in vertebrates there are at least four. There are potentially multiple reasons for this redundancy. One that is firmly grounded on structural studies indicates that the different antiapoptotic family members bind to (and sequester) the multiple BH3 members differentially, including the multidomain proapoptotic members alluded to previously. Responding to multiple BH3 proteins allows fine-tuning of inhibitory responses in mammalian cells to different types of stress that “activate” specific BH3 proteins. Such a system provides multifactorial responses much more diverse than those in simpler eukaryote cells. Characterization of the differences in binding has received much attention and is conferred by the distinct sequence of each BH3 region that shares a propensity to form an amphipathic helix containing four hydrophobic residues, and the topology of the BH3-binding groove on the antiapoptotic “receptor.” Peptides

from certain BH3 regions like Bim bind with high affinity to all the antiapoptotic and apoptotic multiregion members, whereas others like Bad and Noxa are more selective (highly preferential binding to Bcl-2/Bcl-XL/Bcl-w or Mcl-1/Bfl-1, respectively). Some of this specificity is explained by well-defined requirements, for example, any amino acid at the fourth hydrophobic position in the BH3 region will bind to Mcl-1, which has a shallow, open pocket for this residue, as opposed to Bcl-XL, which does not accommodate charged or polar residues at this position (Lee et al. 2009; Fire et al. 2010). Other features also contribute; the higher global flexibility of Bcl-XL creates a pliable pocket for diverse BH3 mimetics compared with the deeper hydrophobic pocket with a rigid angle of entry in Mcl-1 that restricts binding to specific BH3 proteins (Lee et al. 2009).

As a consequence, no single antiapoptotic member binds to all BH3 proteins in vitro, as assessed by biophysical measurements (see Table 1). These measurements have been largely (although not entirely) confirmed by experiments in transfected cell lines where overexpression of single antiapoptotic proteins confers protection against apoptosis mediated by the BH3-binding partners identified in vitro. The discrepancy noted in a few experiments is likely because of the fact that in cells these interactions between full-length proteins occur on membranes rather than in the cytoplasm, and membrane binding may modify protein–protein interactions either allosterically or by post-translational modifications altering the binding surfaces (Feng et al. 2009) or affecting the orientation and proximity of the binding surfaces.

Multiple antiapoptotic proteins also allow differential control of processes relevant to cell death independent of BH3-binding-pocket interactions. The BH4 region of Bcl-2 binds to the regulatory and coupling domain of the inositol 1,4,5 triphosphate (IP3) receptor that controls calcium efflux from the ER, thereby inhibiting the initiation phase of calcium-mediated apoptosis (Rong et al. 2009). A residue critical for this binding interaction in Bcl-2 (Lys17) is not conserved in the BH4 domain of Bcl-XL (Asp11), rendering the latter ineffective at

Figure 4. Schematic overview of the embedded together model. The role of the membrane is highlighted as the “locus of action” where the effects of the interactions between the Bcl-2 family members are manifest. After the cell receives a death signal, an activator BH3 protein migrates to and inserts into the MOM, where it recruits cytoplasmic Bax. Bax undergoes conformational changes at membranes that allow it to respond to chemical changes in the cell such as the generation of reactive oxygen species, ion concentration, and pH. Membrane-bound Bax or Bak changes its conformation such that they oligomerize, leading to MOMP and/or recruit other cytoplasmic Bax. Both the activator and the sensitizer BH3 proteins sequester the antiapoptotic proteins (such as Bcl-XL) by recruiting and strongly binding to them at the MOM, thereby preventing the inhibition of Bax and Bak. Bcl-XL changes its conformation depending on its binding partner. Upon binding to a BH3 protein or Bax/Bak, Bcl-XL changes from form 1 (cytoplasmic or loosely attached to the MOM) to form 2 (helix 9 inserted into MOM) or to form 3 (helices 5, 6, and 9 bound to or inserted into MOM), respectively. It is likely that form 2 binds primarily BH3 proteins but also recruits additional Bcl-XL to the membrane, whereas form 3 binds primarily Bax and Bak. No function has yet been ascribed to Bcl-XL form 1, although one is likely. Thus, by causing the proteins to adopt different conformations, the membrane regulates their function in determining the fate of the cell. Unlike other models that propose unidirectional interactions, in this model, all of the functional interactions are governed by dynamic equilibria of protein–membrane and protein–protein interactions.

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inhibiting IP3-mediated calcium release (Monaco et al. 2011).

Another reason for the diversity of antiapoptotic proteins beyond specificity conferred by different binding partners is the control of subcellular localization. In particular cell types, there may be a benefit to having Bcl-2 family members constitutively present on membranes such as is the case with Bcl-2, as opposed to Bcl-XL, Mcl-1, Bfl-1, and Bcl-w, all of which must undergo a conformational change before inserting into the membrane. In Bcl-2, it is presumed that the carboxy-terminal region that is necessary and sufficient for membrane insertion (Janiak et al. 1994) is not bound to other hydrophobic regions of the protein once it is synthesized and can therefore mediate direct membrane insertion. In the other antiapoptotic proteins, the carboxy-terminal tail is sequestered until the protein is activated. Even within this group, there are different strategies that control membrane localization. Unlike the other family members, Bfl-1 does not have a hydrophobic region at the carboxyl terminus that mediates membrane insertion but has an amphipathic helix (Brien et al. 2009). Bcl-XL is thought to exist as a homodimer in the cytoplasm, where the carboxy-terminal tail is bound reciprocally to a hydrophobic groove in the dimer partner (Jeong et al. 2004). The longer carboxy-terminal helix 8 of Bcl-w binds in its own BH3-binding pocket and can be displaced by BH3 peptides to allow membrane insertion (Hinds et al. 2003; Wilson-Annan et al. 2003), a mechanism reminiscent of Bax. Before apoptosis is elicited, Mcl-1 is constitutively loosely associated with mitochondria by an EELD motif in the amino-terminal portion, which can bind to the mitochondrial import receptor Tom70 (Chou et al. 2006). For all the antiapoptotic proteins, deletion of the carboxy-terminal α helix decreases function, presumably by preventing assumption of forms 2 and 3 on the membrane where many of the relevant binding partners are localized. Furthermore, attachment of the inhibitor to the membrane increases the probability of interaction by increasing local concentration and the viscosity of the membranes restricting diffusion. A third justification

for diversity of antiapoptotic proteins is the benefit of varying regulation of protein abundance as a way of fine-tuning apoptosis. The *bcl-2* gene contains two estrogen response elements controlling expression in breast tissue. Bcl-2 is a long-lived protein whose expression does not change appreciably even during advanced stages of stress, partly because of the presence of an internal ribosome entry site (IRES) in the 5' UTR that permits cap-independent translation (Willimott and Wagner 2010). The stability of the Bcl-2 transcript is positively regulated by the RNA-binding protein nucleolin, and negatively regulated by the microRNAs mi-R15a and 16-1 (Willimott and Wagner 2010). Bcl-XL protein levels are more variable and increase acutely in response to internal stress and extracellular signals, mediated by the Jak-STAT and rel/NF- κ B pathways (Grad et al. 2000). In contrast, Mcl-1 is an extremely short-lived protein with rapid turnover tightly regulated by a complex cascade of phosphorylation-dependent deubiquitination by USPX9 (Schwickart et al. 2010) that reverses the ubiquitination and subsequent proteasomal degradation mediated by the BH3 protein E3 ubiquitin ligase MULE/ARF-BP1 (Zhong et al. 2005).

The consequences of these variations in the structure of binding pockets (control of subcellular localization and dynamic protein levels), is that despite sharing the core mechanism of inhibition, each antiapoptotic protein has a distinct personality. This is evident in the specific profile of expression of the proteins in different cell types and organs in whole animals, with the result that each protein has different physiological roles that are apparent in the phenotypes of the knockout mice with different antiapoptotic members (for review, see Hardwick and Soane 2013).

PERSPECTIVE AND FUTURE PROSPECTS

This brief overview illustrates the enormous growth in our understanding of the mechanisms behind the pivotal role that the Bcl-2 family plays in regulating apoptosis since the original identification of Bcl-2 as a chromosome translocation partner in human B-cell

follicular lymphoma. We are now at a stage where this understanding is yielding practical results, as several drugs mimicking BH3 regions that bind to Bcl-2 and Bcl-XL are in late-stage clinical trials as cancer agents to elicit or enhance chemotherapy-induced apoptosis. The recognition that there are distinct binding profiles for each antiapoptotic protein that arose from fundamental studies has now motivated the search for other small molecules to expand the therapeutic tool kit (Stewart et al. 2010), so that in the future we will be able to target every antiapoptotic protein.

To date, most attention has been paid to the role of the Bcl-2 family in regulating MOMP because of the well-characterized consequences of releasing IMS proteins in activating caspases. However, it is increasingly apparent that the ER is the site of many important processes that determine cell death and survival in which the Bcl-2 family is intimately involved. Aside from controlling calcium flux (Rong et al. 2009) and regulating the activity of Beclin-1 to initiate autophagy (see Mah and Ryan 2012; Nixon and Yang 2012), other death pathways are also inhibited by Bcl-2 at the ER (Germain et al. 2002). Beyond this, there is also evidence that a portion of the antiapoptotic activity of Bcl-2/Bcl-XL does not depend on binding to and inhibiting the other two proapoptotic families (Minn et al. 1999). One recent study suggests that this mechanism involves regulation of cytoplasmic levels of acetyl-CoA as a substrate for protein α -acetylation (Yi et al. 2011). Elucidating potential binding partners that mediate this pathway is an important target of future research.

Our basic understanding of the core mechanism of the regulation of membrane permeabilization by Bcl-2 family members has passed from the stage of phenomenology to testable descriptions of mechanism. The next hurdle will be to extend quantitative measurements of the binding interactions that have been measured in vitro to what happens in organelles and in cells. This will allow further refinement and elaboration of exciting preliminary mathematical models of the control of apoptosis in whole cells (Spencer and Sorger 2011).

Mechanisms of Action of Bcl-2 Family Members

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